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*First Ave*  
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**MUCKLESHOOT  
COMMUNITY  
CHRISTMAS PARTY**

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# Muckleshoot MONTHLY



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Muckleshoot Indian Reservation, Wash.

February 4, 2017



## Muckleshoot Tribal Transit "History in the Making"

By Dezeray Hayes

We are excited to announce the launch of the Muckleshoot Tribal Transit program! As of January 3rd, 2017 the Health and Wellness Shuttle Drivers and Buses transferred to the Transit program. The routes are similar to the previous routes; with the exception of four new stops: The Muckleshoot Casino, Muckleshoot Bingo, Muckleshoot Smoke Shop, and the Family Support Center. In addition to the added stops, longer hours on Saturday and a Sunday route have been added.

The Muckleshoot Indian Tribe Transportation Planner has been working for the last three years to complete a transit feasibility study, along with a tribal transit plan, and a policy and procedure manual. All of these plans were based on quantified data derived from the 2013 Muckleshoot Community Survey, focus groups and community meetings.

The anticipated results from this work have come to fruition in the creation and launch of the Muckleshoot Tribal Transit Program. To date, all of the plans have been completed by our transportation planner and were approved by Tribal Council via resolution 16-131. At this time, MIT has been awarded three Federal Transit Grants to start operation. The first grant was awarded in June of 2014, the Bus and Bus Facilities Program: Ladders of Opportunity Capital Grant this specific grant was hand-picked by Secretary Fox - Department of Transportation (DOT), this is a federal grant that will be administered by the Federal Transit Administration and will provide the funds to purchase four new transit buses.

In addition, to this capital grant we have also been awarded two grants to fund the operations of our program from the Department

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## Tax Preparation Service at Philip Starr Building

H&R Block has again opened an office in the conference room at the top of the stairs in the Philip Starr Building to assist Tribal members and Tribal employees in the preparation of their federal income tax returns.

Office hours are Monday-Thursday 10:30am-5pm and Friday 9am-5pm.  
Dates of operation are as follows:

- 1/23 to 2/17 – Monday through Friday
- 2/20 to 3/31 – Tuesdays, Thursdays, and Fridays
- 4/3 to 4/21 – Monday through Friday

Please stop by to drop off your tax forms and pick up your completed return later.

Please bring in your tax forms (W-2s, 1099s, etc.) and H&R Block will file your taxes electronically.

The Tribal Council has approved the following for you:

- The Tribe will pay up to a maximum of \$190 per return (\$210 if Box 7 on 1099) for Tribal member households. Please note that the immediate discount is only available at the Philip Starr Building H&R Block office.
- Reimbursement of up to \$190 (\$210 if Box 7 on 1099) if Tribal member has already filed their 2016 tax return at another H&R Block location or tax preparer. Just bring in the receipt to Finance and fill out the request for reimbursement.
- 20% discount for Tribal members and a \$20 discount for all Tribal employees. Coupons are available at Finance Reception.



## TRIBE CHOOSES ITS LEADERS



Jeremy James



Virginia Cross



Jessica Garcia-Jones

### Jeremy James, Virginia Cross & Jessica Garcia-Jones top an excellent field

A vigorous campaign season concluded on January 16 when Muckleshoot voters chose to retain two incumbent Tribal Council members and add one new one. With the exception of last year, which brought two new members, this has been the typical pattern for MIT elections in recent years.

Jeremy James, the current Tribal Council Secretary was elected to a second term with 261 votes, followed closely by current Tribal Chair Virginia Cross with 258 – both very strong counts.

The battle for third place was remarkably close, with just seven votes separating three candidates. The winner, with 203 votes, was Jessica Garcia-Jones, who currently works as an Executive Assistant in the Tribal Operations Department.

Jessica was followed by former councilmember Nick Bennett with 201 votes and incumbent Marie Starr with 196. Marie, like Virginia, has played a major role in the Tribe since the beginning of the modern era.

First-time candidate Donny Stevenson, MIT's HR Director, put in a strong showing with 173 votes. Former councilmember Charlotte Williams was next with 152, followed by Lisa Perez with 145. Another first-time candidate, Daniel White Eagle rounded out the 100+ group with 132 votes.

Tribal Council elections are held annually on the 3rd Monday in January. Three of the nine seats are elected to three-year terms each year. This year's electees will take the oath of office in April.

Muckleshoot Tribal Council 2017 Certified Election Results	
NAME	VOTES
Jeremy James	261
Virginia Cross	258
Jessica Garcia-Jones	203
Nick Bennett	201
Marie Starr	196
Donny Stevenson	173
Charlotte Williams	152
Lisa Perez	145
Daniel White Eagle	132
Mardee Marquard	84
Susan M. Starr	83
Janet Emery	82
Dawn Sneatlum-Miller	69
Rhonda Harnden	65
Elaine Daniels	53
Brandon Eyle	52
Albert Moses	36
Jennie Martin	21

## THE HORSES ARE BACK!

# Emerald Downs Opens for Training

AUBURN, Wash. – Over 200 horses were on the grounds on Monday, January 30 as Thoroughbreds began training for the 2017 racing season at Emerald Downs.

For the first time ever, the opening day of training was streamed on Facebook Live with Emerald Downs President Phil Ziegler as the unseen host. The track's popular mascot, Emerald Ed, also was on hand for the event as viewers waited to see who the mystery horse would be – the first to set foot on the track in 2017. It was – drum roll – Barkley!

Ridden by Jennifer Whitaker, Barkley ambled out onto the track at 8:15 a.m. The track's champion 3-year-old last year when he won three stakes and over \$110,000, he is a top contender for this year's \$200,000 Longacres Mile on August 13.

Stable superintendent Vern Baze said 223 horses had been checked in as of 8:00 a.m. – almost exactly the same as last year. The hope is to have a horse population of over 1,000 by opening day, Saturday, April 8.



1st horse on the track for 2017: Barkley and jockey Jennifer Whitaker.

The 70-day meeting will begin with an opening night fireworks show and features 30 stakes races with purses totaling \$1,685,000. The \$50,000

Seattle Stakes for 3-year-old fillies kicks off stakes action on Sunday, May 7. Training hours are 8:30 a.m. to 1 p.m. daily, and fans

can eat breakfast and watch the horses close up as they pass by the Quarter Chute Café. [www.quarterchutecafe.com](http://www.quarterchutecafe.com)



**MTS Student Council Visits Muckleshoot Tribal Council.** The newly-formed MTS Student Council consists of Raven Stevenson, President; Isabel Baca, vice-president; Neveah Johnson, Secretary; Fabian Mondejar, Representative; and Skylar Carey, Representative. Front row, L-R: Alyssa Jerry, Sarah Clark, Connie Courville, Isabel Bacca, Virginia Cross, and Marie Starr. Back row, L-R: Jeremy James, Jaison Elkins, Neveah Johnson, John Daniels Jr., Raven Stevenson, Fabian Mondejar, Victoria Hildebrand, Kerri Marquez, Anita Mitchell, Louie Ungaro, and Skylar Carey.

## State Supreme Court Upholds Tribal Property Tax Exemption

After a lengthy review, the Washington State Supreme Court last month ruled in the Tribe's favor upholding the legality of legislation providing a tax exemption for tribal land used for economic development purposes. This was a great victory for our tribe and an affirmation of our position that tribal governments should be treated the same as state and local governments.



Salish Lodge

Here is what led to the Supreme Court decision. In the 2004 State Legislative Session, a bill that added tribal property used for "essential government services" to the list of property exempt from state taxation, was passed and signed into law by the governor. While the Muckleshoot Tribe supported that legislation we also believed that it should have included economic development as an essential government service.

Soon after that bill became law the tribe started working on legislation to expand the list of essential government services to include "economic development." We argued successfully that tribal governments should be treated the same as state and local governments in matters of taxation. The Washington State constitution exempts all property owned by federal, state, or local governments from property taxes.

The tribe's work resulted in the passage of new legislation in 2014 that granted that expansion of essential government services to include economic development. That legislation included a requirement that the tribe makes a "Payment in Lieu of Tax" (PILT) in an amount determined through negotiations with the county for off-reservation economic development properties. The Tribe worked in good faith with King County to establish that PILT amount for Salish Lodge and Emerald Downs.

However, shortly after that legislation passed the City of Snoqualmie filed a lawsuit in Superior Court challenging the legality of the 2014 legislation and claiming that exempting Salish Lodge from taxation would harm the city.

While the lower Court did rule in favor of the city, in that case, the State Department of Revenue filed an appeal with the Washington Supreme Court. The Muckleshoot Tribe also submitted a strong legal brief with the Supreme Court in support of the State's position and the constitutionality of the 2014 legislation granting the tax exemption. The Supreme Court ruling handed down December 22 upheld the Tribe's position.

This was a great victory for the Muckleshoot tribe and our economic development programs that create jobs and improve the tribe's economic health.



## THANK YOU to all the wonderful people that ran for Tribal Council!

Pictured above are those that attended the "Meet the Candidates" event held on December 30, 2016. Front Row, l-r: Marie Starr, Charlotte Williams, Virginia Cross; back row: Dawn Miller, Jessica Garcia-Jones, Janet Emery, Jeremy James, Susan Starr, Donny Stevenson, Daniel White Eagle and Nick Bennett.



## Town Hall Meeting Re-Cap

On January 30th, 2017, a Town Hall Meeting was conducted at the Muckleshoot Elders Complex. The meeting served as the conclusion to a two-part series regarding grief and loss.

Representatives from Behavioral Health, the Muckleshoot Language program, the Muckleshoot Culture program, the Traditional food and Medicine program, and the Muckleshoot Preservation Department each explained the various services that their department provides to those dealing with grief or loss.

Each service presented throughout the evening blends traditional cultural practices while utilizing scientifically proven methods to help alleviate the pain that a tragedy within the community can cause.

Throughout the meeting, the floor was handed over to tribal members in order to provide everyone the opportunity to ask questions or express areas of concern.

Once everyone had spoken, participants exchanged ideas and suggestions about what the community would like to see from programs in the future. The meeting concluded with a traditional prayer from Warren KingGeorge, requesting blessings for the community and peace for its members.



Governer Inslee poses for a photo with Tribal Chair, Virginia Cross, during his inauguration.

## HISTORY IN THE MAKING continued from page 1

of Transportation; Tribal Transit Program which is also administered by the Federal Transit Administration.

Muckleshoot Tribal Transit has been in its infancy formation since May of 2016; however, the official launch of the program came with the transfer of the Muckleshoot Health and Wellness Drivers to The Muckleshoot Transit/Transportation Team on January 03, 2017.

Prior to April 1st, 2017 we will hold community events and send out survey requests in order to obtain community input so that we can best serve you, the community!

### 2017 Per Capita Deadlines and Schedule

- February 10, 2017 - Deadline to stop taking Direct Deposit Changes/Cancellations
- February 28, 2017 - Enrollment Cut Off Date for June 2017 Per Capita
- March 7, 2017 - Per Capita Distribution in Cougar Room at PSB
- March 8, 2017 - Per Capita Distribution in Cougar Room at PSB
- March 9, 2017 - Per Capita Distribution Finance Building

# Transit Fixed Service Routes

**Muckleshoot Tribal Transit 392<sup>nd</sup> Detour Route**  
**Monday-Saturday Fixed Route Schedule**  
 Daily Service from 8:00 A.M. - 9:00 P.M.  
 Effective 01/11/17  
 Route repeats EVERY hour on the hour  
 During rush hours 2-5 P.M. route repeats every ½ hour  
 No services between 11:00 A.M. - 12:00 P.M.

**Hourly Stop Times and Locations:**

8:00 A.M.	Health and Wellness - Front Entrance
8:03	Phillip Starr Building - Campus Entrance
8:05	Language Building - Corner of 172 <sup>nd</sup> St
8:07	Resource Center - Center Entry
8:11	Virginia Cross Education
8:16	Dogwood Street - Behind Muckleshoot Market
8:18	Green Tree Apts. - Along Dogwood St Entry
8:21	Muckleshoot Casino - Door 4
8:25	Muckleshoot Smoke Shop - Right Side
8:27	Muckleshoot Bingo Back Door Entry
8:30	17 <sup>th</sup> Street SE - corner of R Street
8:35	N.W. Family Church - Left Side Driveway Exit
8:40	Davis Property
8:45	Skopabsh Village
8:50	Shaker Church
8:53	Cedar Village along SR 164 near concrete pad
8:56	Pentecostal Church
8:58	Family Support Center front turn around
9:00	Elders Complex Front Entry on 392 <sup>nd</sup>

**Last Scheduled Route begins at 8:00 P.M.**

**Sunday Route Schedule**  
 9:00 A.M. - 2:00 P.M.

**Hourly Stop Times and Locations:**

9:00 A.M.	Health and Wellness
9:07	Virginia Cross Education
9:12	Dogwood Street SE
9:17	Green Tree Apts.
9:22	17 <sup>th</sup> Street SE
9:26	Muckleshoot Casino
9:31	Muckleshoot Smoke Shop
9:33	Muckleshoot Bingo Back
9:40	N.W. Family Church
9:45	Davis Property
9:50	Skopabsh Village
9:55	Shaker Church
9:57	Cedar Village
9:59	Pentecostal Church
10:00	Family Support Center

**Last Scheduled Route begins at 1:00 P.M.**  
**BUS ROUTE REPEATS ITSELF EVERY HOUR ON THE HOUR**

## WALKING ON...

### Elizabeth Jean James

Elizabeth Jean James, 67 of Auburn, passed on December 9, 2016. She was born May 2, 1949 to Acey Moses and Delores James. Elizabeth enjoyed arts and crafts and sewing.

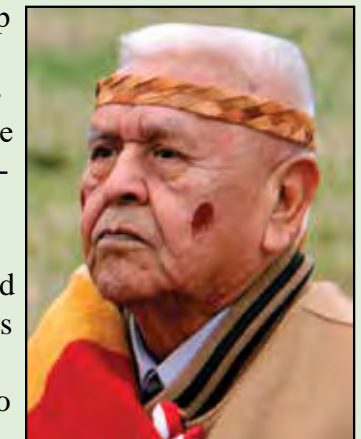


She is survived by her sons, Lance Butler and Luke James; daughters Kelli Butler, Sunshine Bargala, Elizabeth James II and Jennifer Snyder. She is also survived by her sisters, Rita James, Verna and Julie Moses, several grandchildren, nieces and nephews.

A funeral service was held on December 14, 2016 at the Muckleshoot Pentecostal Church in Auburn. Service was directed by Weeks' Funeral Home in Buckley, WA.

### Isadore "Dobie" Tom Jr.

Isadore "Dobie" Tom Jr., Tulalip Tribal Member of Sedro-Woolley, WA was born to Laura Ella and Isadore Tom Sr., on August 7, 1941. He went to be with the Lord on December 17, 2016. He was 75.



He was a gifted spiritual healer, leader and advisor. He also belonged to the longhouse. Some of the things Dobie enjoyed were traveling to stickgames, logging, bingo, going to the casino, Monday night wrestling, fishing, hunting, and coaching baseball. He loved camping, canoe races, and spending time with his family.

He leaves behind his children, Isadore Tom III "King," Lawrence (Julie) Tom, Jamie Tom, Nancy (Dave) Tom, and James Mathias; significant other Tina King George; sisters Geraldine Bill, Lauren Lawrence, Vivian George, Loretta Tom, Sammy Kay (Gerald) Fryberg and Sandy Tom. He also leaves behind numerous grandchildren and great grandchildren, nieces, nephews, and extended family members.

He was preceded in death by the love of his life, his wife Margene Tom; daughter AnnMarie Tom; his brother, Alvin Tom; sisters Bev Tom, Nancy Tom, Lucy John and Janice Edwards.

Funeral services were held December 22, 2016 at the Tulalip Tribal Gym, followed by burial at the Mission Beach Cemetery on the Tulalip Reservation.

### Misty Rose Thomas-Wynne

Misty Rose Thomas-Wynne, age 41, passed on December 5, 2016 in Seattle. She was born July 26, 1975 in Auburn.



Misty worked as a Caller and Floor Clerk at Muckleshoot Bingo. She loved being a mom to her four children and spending time with her family. She liked to play bingo and slot machines and travel to her papa's house.

Misty is survived by her husband Victor Wynne; daughters Leanne Redthunder, Lauralee Redthunder and Alecia Redthunder; son J.T. Wynne; parents Fred LaClair and Doreen Thomas; and brothers and sisters.

Funeral Services were held December 8, 2016 at the Muckleshoot Shaker Church, followed by burial at the New White Lake Cemetery on the Muckleshoot Reservation. Weeks Funeral home handled the services.

### Jerry Don Emery, Sr.

Jerry Don Emery, Sr. rejoined his wife, Mary Emery, in Heaven at the age of 69 on Dec. 11, 2016 in Enumclaw, WA.



He is survived by his son Rick Leonard of Auburn; daughter Yvonne (Fay) Moses of Auburn; son Jerry (Janet) Emery Jr. of Auburn; son Theodore Emery of Auburn and daughter, Mary (Mitch) Leonard of Enumclaw. He is also survived by 47 grandchildren, 30 great grandchildren and numerous nieces and nephews; and sister, Barbara Holcomb of Pittsburg, TX.

Jerry was preceded in death by his wife, Mary Emery; brothers, Marshall and Eddie, sister Caroline and parents, Ted & Ruby Emery.

A funeral service was held December 15, 2016 at the Muckleshoot Pentecostal Church followed by burial with military honors at Enumclaw Evergreen Memorial Park.

## Meet the Transportation Division Team

Geraldine Ervin, Transit Driver, is not pictured.



Administrative Assistant,  
Brittany Nelson Jones



Director,  
Dezeray Hayes



Fleet Coordinator,  
Charles Williams



Fleet Manager,  
Riley Patterson



Transit Coordinator,  
Jennifer Snyder



Transit Driver,  
Monica Briceno



Transit Driver,  
Stacie Wall



On inauguration day Water Protectors took to the streets of Washington DC.

## Tribes push back as President Donald Trump revives unwanted pipelines

Tribal leaders across the nation are standing united as they push back against unwanted infrastructure projects on their homelands.

The battle is unfortunately a familiar one. For decades, and even centuries, massive dams, sprawling highways, poisonous mines, radioactive nuclear facilities, dangerous military ranges and similar developments have been imposed on tribes by officials in Washington, D.C., often without a full consideration of the impacts on the affected communities.

This time the directive is coming from the highest level of the federal government. On his fourth full day in office, Republican President Donald Trump revived two controversial oil pipelines that no one in Indian Country wanted.

"We knew this day was coming," said LaDonna Brave Bull Allard, a citizen of the Standing Rock Sioux Tribe who has been one of the leading voices against the Dakota Access Pipeline, which crosses her family's and her people's ancestral and treaty lands in North Dakota.

Trump's action, which came in the form of a presidential memorandum, does not authorize completion of the controversial project. It instead calls for the "expedited" consideration of the final portion, located less than a half-mile from Standing Rock.

But nowhere in the directive was a requirement for consultation with the tribe or any of the communities affected by the pipeline. Indeed, when Trump was asked if he wanted to speak to the concerns raised by the tribe and its many allies, he shook his head back in forth in silence from his desk in the Oval Office.

Additionally, the new president opened the door for the withdrawal of an environmental review that is supposed to address treaty rights, water resources and other significant issues regarding the final portion near Standing Rock.

"President Trump is legally required to honor our treaty rights and provide a fair and reasonable pipeline process," Chairman Dave Archambault II said in a press release. "Americans know this pipeline was unfairly rerouted towards our nation and without our consent. The existing pipeline route risks infringing on our treaty rights, contaminating our water and the water of 17 million Americans downstream."

Tribal leaders and tribal activists joined Archambault in condemning the White House's actions. They vowed to work together to ensure that the environmental review, which was initiated two days before Trump took office, doesn't get derailed under the new regime in Washington.

"If an oil spill happens, it will not only impact Indian Country but it will impact millions of people who utilize the water for livestock, farming, and recreation," President Russell Begaye of the Navajo Nation, the largest tribe in the U.S., said in a press release. "We hope President Trump understands that Native Americans will always stand to protect our land, water, air and resources given to us by our Creator."

In pushing Dakota Access forward and in re-viving the Keystone XL Pipeline that tribes fought for years to defeat, Trump said construction activi-

ties would create a "lot of jobs" for Americans. A separate memorandum would put more people back to work by requiring pipelines to be made with American materials, he asserted.

But Fawn Sharp, the president of the Quinalt Nation, said protecting America's natural resources creates far more jobs and more opportunity than oil pipelines. Fears of oil spills and other environmental damage are among the reasons tribes are fighting Dakota Access and Keystone.

"President Trump makes the point that thousands of jobs are created with the construction of these pipelines," said Sharp, who also serves as president of the Affiliated Tribes of Northwest Indians and vice president of the National Congress of American Indians, the largest inter-tribal organization in the U.S. "But he exaggerates the number, neglects to mention that they are temporary jobs, and fails to mention that the number of jobs dependent on clean water and healthy lands far outnumber pipeline construction jobs."

Going forward, tribes and activists are planning to lobby the Department of the Army to keep the environmental impact statement, or EIS, for the final portion of Dakota Access alive. Comments are being accepted until February 20 and public meetings are supposed to be held in North Dakota, provided that the Trump administration doesn't rescind a crucial notice that was published in the Federal Register on January 18.

Indian Country is also reaching out to allies on Capitol Hill, although there won't be much support from Republicans. The new leader of the Senate Committee on Indian Affairs is Sen. John Hoeven (R-North Dakota) and he supports completion of Dakota Access. He also backs the revival of Keystone.

Key Democrats, on the other hand, are condemning Trump's declaration of war. "Tribes have a right to have a say in any decisions that may impact their health, land, and cultural survival," Rep. Raul Ruiz (D-California), who has taken part in his share of indigenous resistance efforts, said on Tuesday.

The #NoDAPL movement, a grassroots collective of Native and non-Native allies, isn't slowing down either despite plans to evacuate and clean up Oceti Sakowin, the largest encampment in North Dakota. Key leaders and organizers were in Washington during Trump's inauguration on Friday, January 20, and for the Women's March on Washington the following day to advocate for their water protection efforts. Over a half-million people, including indigenous leaders, participated in the historic march.

"These attacks will not be ignored, our resistance is stronger now than ever before and we are prepared to push back at any reckless decision made by this administration," Tom Goldtooth, the executive director of the Indigenous Environmental Network, said in a statement. "If Trump does not pull back from implementing these orders, it will only result in more massive mobilization and civil disobedience on a scale never seen of a newly seated President of the United States."

## Tomanamus Road Construction and Maintenance Crew Reflects on Successful Year

By Heather Watson

As the Tomanamus Road Construction and Maintenance crew reaches their one year anniversary, they reflect back on the leaps and bounds they have made not only in their professional development but as individuals and a team.

They continue to work diligently to protect fish habitats, complete the Road Maintenance and Abandonment Plan, maintain quality roads to ensure property access, and always lend a helping hand wherever it's needed. The crew is made up of all Muckleshoot tribal and community members who take pride in working on their mountain for their people.

The crew has bonded as they continue to learn new skills, experience new things, and impress a wide array of forest industry elites from around the country.

When Sustainable Forestry Initiative Auditor, Richard Boitnott, came from Texas with a group comprised of visitors from Alabama and Idaho, he stated: "that is the largest and most impressive fish pipe installation I have ever seen."

The crew also played an instrumental role in the success of the Sustainable Forestry Initiative audit that occurred in late July.

For many crew members, this is their first experience operating heavy machinery; but they have the dedication, passion, and desire to learn what is necessary to make the program a great success.

The Tomanamus Road Crew sincerely appreciates the opportunity that Chairwoman Virginia Cross and the Muckleshoot Tribal Council has provided for them and their families.

Kyle Moses, an employee who has been working on Tomanamus for two and half years,

stated: "not only are they (Muckleshoot Tribal Council) providing for 15-20 guys, they are providing for 15-20 families."

Derek Barkley explained, "Their investment isn't going to waste, it is changing our lives and the lives of every tribal member who gets to come out here and recreate, access the property, hunt, and gather because of the work we get to do."

While the crew takes their work very seriously, they also come to work every day knowing that they get to work with a great crew; a crew that can have fun on and off the mountain.

They went on to start their own softball team, and while they may not be ready for the World Series (with a 1-9 record) they always had a great time and enjoyed the support of their loyal fans.

The beauty of Tomanamus is that it is so much more than a forest; it is a place of work, a place of bonding, a place of learning, and a place where so many find their home.

The Tomanamus Road Construction and Maintenance crew have spent the past year learning from each other, learning from experts, and learning from the forest itself. They have done a lot of impressive work, and continue to take care of, build, and improve the roads on Tomanamus.

The crew looks forward to knowing that they get the opportunity to share their work with their families as they take them out to hunt, fish, and gather. They hope that the Muckleshoot community gets to appreciate their work as much as they appreciate the opportunities that have been given to them by Muckleshoot Federal Corporation, Chairwoman Virginia Cross, and the Muckleshoot Tribal Council.



## WORKING FORESTS AND FISH

By Nate Hayden

The end of the road construction season in October of 2016 marked the closing of a significant chapter of Washington State's Forest & Fish Law. The Forest & Fish Law, a historic piece of legislation, was signed into law on June 7, 1999, and became effective on July 1, 2001.

The law is a set of forest practices, based on science, designed to protect 60,000 miles of streams on some 9.3 million acres of state and private forestland.

The Muckleshoot Federal Corporation Tomanamus and Salish properties include 1,100 miles of roads that were upgraded as part of the Forest & Fish Law. These roads are used for access for hunting, fish, gathering, wildlife research, the harvesting of timber, fire protection, and many other reasons.

The roads in question had 112 potential fish barriers that were repaired or removed. There were another 6.0 miles of roadway that were running parallel to streams and potentially delivering sediment that was completely removed as well. An additional 28.9 miles of roadway were completely rebuilt and relocated to minimize the impacts of roads on streams and rivers.

The result of this extensive undertaking was the reestablishment of access to 31.2 miles of habitat critical for salmon and native cutthroat. In addition, the water quality of the entire watershed was improved by limiting sediment delivery to water.

The Muckleshoot Federal Corporation Road Construction and Maintenance Crew have been



instrumental in reaching this monumental milestone by upgrading miles of road, maintaining actively used roads, repairing crossings by making them fish friendly, and keeping sediment out of the water.

In 2016 alone, they installed a culvert along with a massive retaining wall, built two fish friendly bottomless arch culverts, and a large fish culvert, which was buried 50% and then filled with spawning gravels. This opened 1.8 miles of fish habitat along with improving 6.1 miles of roadway and removing 0.89 miles of roadway.

Though the Forest & Fish goals have been achieved, the work continues to ensure that the Muckleshoot Federal Corporation roads will allow access for a variety of uses while making sure forest roads are friendly to fish and water quality.

# Scenes from Stanley Moses Landing ~ "First Ave"

PHOTOS BY JOHN LOFTUS



SUBMITTED PHOTO



**END OF SEASON SALMON DINNER**

**March 3, 2017**

**PENTECOSTAL CHURCH 3 PM**

39731 Auburn-Enumelaw Rd. SE  
Auburn, WA 98092



## Why Get an Early Childhood Certificate (ECE)?

Here are some of the benefits to getting an ECE in the Green River partnership program.

- A 1-year certificate in Early Childhood will meet the requirements of a CDA and will not require annual renewal. This is a cost saving opportunity.
- An ECE certificate opens up job opportunities here at the Tribe, as well as in early learning facilities outside of the Tribe. Graduates can work in classrooms, child-care, and home settings.
- A graduate will work closely with families and specialists.
- New research in brain development confirms the importance of working with young children and creating developmental early childhood programs to meet their emotional, intellectual, and social needs.



Photo of third quarter students (not all students pictured).

- A stackable degree program begins with certificates ranging from 1-quarter to 1-year programs. The 1-year certificate also works toward an associate 2-year degree in Early Childhood.

What our ECE students have to say:

What is your favorite new learning either about Early Childhood Education or yourself?

*"I like learning how to deal with kids in the appropriate way and to do positive discipline."*

What would you suggest to someone thinking about joining the ECE program?

*"I would say if any people are interested or work with kids, or maybe have kids, they should give this class a try."* - Current ECE student

Who can participate in the ECE program through Muckleshoot Tribal College and Green River College?

- Running Start students can participate in evening classes.
- Tribal members can participate through the Muckleshoot Scholarship Program.
- Community members and non-community members.
- Please see information on the Vulnerable Worker policy. Some non-Muckleshoot teachers may be eligible through a Vulnerable Worker policy which allows approved, employed indi-

viduals to access resources. To be eligible under this category, two of the three criteria below must be true...

- 1) The individual is employed in an occupation identified as "not in demand" (declining) on the regions demand-decline list (<https://fortress.wa.gov/esd/wilma/wdclists/>); (such as Child-care Workers in King County)
- 2) The individual has not reached the "tipping point," which is defined as one year of college credits (45 credits) plus any certificate or degree related to their college course work; and/or
- 3) In order to remain employed, the individual needs to obtain new skills. The worker (and, optionally, their employer) must attest that the minimum qualifications for the worker's position have changed and that the employee is unable to meet the new skill standard without retraining.

The ECE program opens each quarter to new students. Classes typically meet from 4-7 pm, two to three evenings per week. The course consists of hybrid classes that blend in-class work and online course work.

Future employment in Early Childhood positions within the Tribe will require this educational background. For current employees working in early childhood settings, your work hours will count towards your practicum classes. We are excited about the progress and success of the ECE cohort in their third quarter!

The Tribal Scholarship Application is open from 1-20-17 through 3-3-17. Green River College's spring quarter begins 4-3-17. We hope to have others join the cohort! Please contact Cathy Calvert at 253 876-3076 for further information.

### MOST Program:

Janet Emery, Program Assistant, 253-876-3355  
 Renee Lozier-Rojas-MOST Program Liaison, 253-876-3292  
 Andrew Mikel-MOST Program Computer Literacy Instructor, 253-876-3305  
 Cord Rose, MOST Program IT Instructor, 253-876-3344  
 Denise Bill, MOST Program Manager, 253-876-3345

### GED Learning Center:

The GED Learning Center (GLC) works to prepare second-chance adult learners in the Muckleshoot Community to obtain their GED credential. We seek to serve students by offering free or low cost educational support, engaging students with cultural and real world curriculum, and building GED graduates to become work and college-ready.

### Contacts:

Cary Hutchinson  
 GED Instructor  
 253-876-3375  
 Cary.Hutchinson@muckleshoot.nsn.us

Mitzi Judge  
 GED Test Administrator  
 253-876-3395  
 Mitzi.Judge@muckleshoot.nsn.us

### Northwest Indian College:

#### Two Associate's level degrees:

The Associate of Arts and sciences (AAS), often referred to as the "Direct Transfer Degree"

The Associate of Technical Arts in Chemical Dependency Studies (ATA-CH)

#### Bachelor's level degrees:

The Bachelor of Arts in Tribal Governance and Business Management (TGBM)

The Bachelor of Arts in Human Services (Community Advocates & Responsive Education)

#### (C.A.R.E.) ONLINE ONLY!

**Site Manager:** Destiny Petroske  
 Phone: (360) 255-4433  
 Email: dpetroske@nwic.edu

**Instructional Aid/Technician:** Melissa Reaves  
 Phone: (360) 255-4432  
 Email: mreaves@nwic.edu

### MIT Scholarship Program:

The Muckleshoot Indian Tribe believes that each tribal member should have the opportunity and support from the Tribe to achieve his or her educational goals. The Tribe views the Higher Education and Vocational-Technical Scholarship Program as an investment in both the tribal member and the future of the tribal community.

### Contacts:

Marie Marquez, Financial Aid Director at 253-876-3382.  
 Denia Starr, Scholarship program Manager at 253-876-3147  
 Victoria Lucyk, Acting Academic/Career Counselor at 253-876-2845  
 Melissa Searcy, Admin. Specialist II at 253-876-3378

### The Evergreen State College

The Evergreen State College, Grays Harbor and Peninsula Colleges collaborate to provide a Bachelor of Arts degree on various Indian reservations in western Washington. Students can earn an AA through the on-line Reservation-Based, Community Determined Program. Once they earn their AA, or once they have 90 transferable credits, students can transfer into the Reservation-Based B.A. program. Designed for place-bound students with connections to tribal communities, the program has been "reservation based" from the beginning with classes held on Indian reservations in western Washington.

### Contact:

Cindy Marchand-Cecil – Evergreen  
 Phone: 360.458.4226  
 Email: marchanc@evergreen.edu

### Continuing Ed:

Mitzi Judge Phone: 253.876.3395  
 Email: Mitzi.judge@muckleshoot.nsn.us



## PUBLIC NOTICE

The Northwest Commission on Colleges and Universities will conduct a comprehensive evaluation of Northwest Indian College on April 12-14, 2017.

As part of the regular accreditation cycle, Northwest Indian College will undergo a site visit by a peer-evaluation team from the Northwest Commission on Colleges and Universities (NWCCU) April 12-14, 2017.

The site visit is part of Northwest Indian College's Year Seven Evaluation; a comprehensive review of the college's compliance and accreditation standards. Northwest Indian College has been continually accredited since 1993 at the associate degree level, became accredited at the baccalaureate degree level in 2010, and most recently completed a Year Three Evaluation in 2014.

During this visit, the peer-evaluation team will tour Northwest Indian College, review documents, and interview students, alumni, faculty, staff, leadership, and members of the Board of Trustees. The peer-evaluation team will then submit a report to the NWCCU.

In preparation for the April visit, Northwest Indian College invites the public to submit written comments regarding the College's qualifications for accreditation. Comments must be in writing, signed, and received no later than March 12, 2017, at the address below.

NWCCU  
 8060 165th Avenue N.E.  
 Suite 100  
 Redmond, WA 98052

For more information, visit the NWCCU website:  
[nwccu.org](http://nwccu.org)

### Sam Obrovac Takes 1st Place in Cultural Art Contest

Northwest Indian College would like to congratulate Sam Obrovac for his 1st place win in the art contest held for Dr. Denise Bill's, Cultural Sovereignty 101 class.

The contest was open to the community and the first-place prize would land the cover of the "Muckleshoot Review: Volume 5."

Sam is a Muckleshoot Tribal Member and one of our many exceptional students at NWIC. Congratulations Sam!!






American Indian Movement co-founder and worldwide Native American ambassador Dennis Banks spoke at MTS on February 2. Watch for more photos next month.

PHOTO BY JOHN LOFTUS

## MIT Scholarship Program



**Phone: 253-876-3378 Email: ScholarshipsDept@Muckleshoot.nsn.us**

During application periods visit our [online application](http://Scholarship.muckleshoot.nsn.us) to apply.

- Applications must be submitted 30 days prior to the start of your term.
- If your term does not have a typical start date or schedule, call and email us to arrange a time to apply.
- Applications, paperwork, funding, etc. takes 10 business days to process

For more info about the Scholarship Program, visit our [website](http://tinyurl.com/mitScholarshipProgram).

### 2016-2017 Application Periods

<b>Winter 2017</b>	<b>Spring 2017</b>
Oct 21st—Dec 2nd	Jan 20th—March 3rd

### 2017-2018 Application Periods

<b>Summer 2017</b>	<b>Fall 2017</b>	<b>Winter 2018</b>	<b>Spring 2018</b>
Apr 14th—May 26th	July 7th—Aug 18th	Oct 20th—Dec 1st	Jan 19th—March 2nd

## Scholarship Orientation

Scholarship Orientation will be required of each student once per academic year before receiving funding. Required orientation will start with the 2016-2017 academic year (Summer 2016).

**Spring 2017**

- Tuesday, March 7th 1pm-3pm
- Wednesday, March 8th 5:30pm-7:30pm

Online Orientation will be offered for out of state students and those unable to attend an in-person orientation session. Please contact us if you need to do online orientation.

**ScholarshipsDept@Muckleshoot.nsn.us 253-876-3378**

# Need Your GED?

## GED Learning Center

Now enrolling full and part time students

We offer free, guided assistance

- Tutoring • E-Learning • Classes
- Instructor Support
- Career & College Guidance for GED Graduates

**Learning Center Hours:**

Mon/Wed 8:00 - 6:00  
Tues/Thurs 8:00 - 7:00  
Friday CLOSED

**MUCKLESHOOT TRIBAL COLLEGE**  
Auburn, Washington

## Begin Your GED Journey


**Contact**

**Cary Hutchinson**  
GED Instructor  
**(253) 876-3375**

**Mitzi Judge**  
GED Test Administrator  
**(253) 876-3395**

Currently a GED student?

See calendar for available workshops and classes.

 @Muckleshoot GED Learning Center

### ATTENTION MIT SCHOLARSHIP RECIPIENTS

PLEASE BE AWARE THAT COUNCIL ADOPTED RESOLUTION 13-217, revised policies, guidelines and procedures of the Scholarship Program-Higher Education & Vocational-Technical

Please stop by the MIT College or MIT Scholarship Building to pick up a copy or email us at: [ScholarshipsDept@Muckleshoot.nsn.us](mailto:ScholarshipsDept@Muckleshoot.nsn.us) to request a copy. Please call us for any questions you may have or call to set up an appointment to go over the new policies at 253-876-3378.

Also for those that might not be aware the MIT Scholarship Application can only be filled out online at <http://Scholarship.muckleshoot.nsn.us>

Summer 2016 deadline is May 27, 2016 at 5pm!! Fall 2016 Dates: July 8- Aug. 19

Winter 2017 Dates: Oct. 21- Dec. 2, 2016 Spring 2017 Dates: Jan. 20- Mar. 3

Please read all the instructions and make sure you attach all required documents!!!! Please call our office for assistance. The Education Committee meets on Mondays, so your application and/or Appeals must be into our office on Wednesday's by no later than 1:00p.m., to ensure that it will be on the agenda for Education Committee to review.

<p>For more information please contact the MIT Scholarship Office.</p> <p>Office hours: 8:00 am to 5:00 pm Fax No. (253) 876-3082</p>	<p><b>Marie Marquez, Financial Aid Director (253) 876-3382</b> <a href="mailto:Marie.Marquez@Muckleshoot.nsn.us">Marie.Marquez@Muckleshoot.nsn.us</a></p> <p><b>Dana Starr, Scholarship Program Manager (253) 876-3147</b> <a href="mailto:Dana.Starr@Muckleshoot.nsn.us">Dana.Starr@Muckleshoot.nsn.us</a></p> <p><b>Melissa Searcy, Administrative Specialist II (253) 876-3378</b> <a href="mailto:Melissa.Searcy@Muckleshoot.nsn.us">Melissa.Searcy@Muckleshoot.nsn.us</a></p>
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# 2016 HOLIDAY LEGISLATIVE RECEPTION

**December 12th, 2016, the Four Seasons Hotel**



## Sustainability Food Systems Program

By Leslie LaFontaine

In December, our program had many fun activities planned for the two weeks of classes before leaving for the holidays. The weather was extremely cold so we traded our forest field trips for classroom lessons at the school.

Teachers and foresters worked together to create hands-on lessons that correlated with the school's curriculum. These lessons covered topics like hibernation, proper usage of a compass, and tree identification. Students had fun learning while creating holiday decorations and eating tasty treats.

As the weather heats up, we look forward to learning/teaching about new growth and

taking care of our soil so that we can keep our plants/medicines growing.

If you have a sustainable/traditional teaching that you feel would benefit our youth, please feel free to email me at [leslie.lafontaine@muckleshoottribalschool.org](mailto:leslie.lafontaine@muckleshoottribalschool.org) and I would be happy to set up a time for you to share your gift.

"Humankind has not woven the web of life. We are but one thread within it. Whatever we do to the web, we do to ourselves. All things are bound together. All things connect."

- Chief Sealth 1854



Thanks foresters for teaching us about conifer and deciduous trees. We also had fun making wreaths! Kindergarten is always a fun adventure!



"The leaves are so unchanging."

"A conifer tree is a pine cone tree." – Dora

"A conifer is a pine tree." – Eli

"On a deciduous tree the leaves fall out."  
– Jessy



## MTS Winter Potlatch

November 23rd, 2016, MTS Gym

PHOTOS BY EVAN AVILA





## Hailey Starr Receives DAR Good Citizens Award



Hailey Starr (left) at the DAR Awards Ceremony



MTS Senior Hailey Starr has been selected as a recipient of the DAR Good Citizens Award. The DAR – Daughters of the American Revolution – is made up of proud descendants of soldiers that fought in the Revolutionary War to win America’s freedom from the British. The DAR promotes Historic Preservation, Education and Patriotism – including all Veterans – as well as American Indian issues.

The DAR Good Citizens program is intended to encourage and reward the qualities of good citizenship. The student selected as the school’s DAR Good Citizen must have the qualities of:

- Dependability – truthfulness, loyalty, and punctuality;
- Service – cooperation, courtesy, and consideration of others;
- Leadership – personality, self-control, and ability to assume responsibility); and
- Patriotism – unselfish interest in family, school, community and nation to an outstanding degree.

*Congratulations Hailey!*



## Tribal Court/MCFS Surveys will be coming out in April

The purpose of this survey will be to collect data that will assist in improving the handling of child welfare cases by the Muckleshoot Tribal Court. The Court hopes to increase and enhance the engagement of the entire family in the court processes. Your participation will be greatly appreciated!

## Gifted and Talented Program at MTS

By G. T. White, MTS Gifted and Talented Coordinator

Last year, the Muckleshoot Tribal School reintroduced its Gifted and Talented curriculum to students, also known as the G.T. program. Currently, at the elementary school, students in grades K-5 may receive G.T. services in academics, cultural arts, and fine arts. The G.T. program is available to all interested students who qualify.

To enter the G.T. academic program, you will need above average test scores, teacher recommendation, and authorization from a parent or guardian. All students must meet Bureau of Indian Education (BIE) standards and guidelines to be eligible for the G.T. program, and for the school to receive bureau funding.

Focusing on the academic portion of the G.T. program at the elementary school level, Gifted and Talented children need diversity in their educational experience. The G.T. program

provides a variety of learning and instructional experiences to students as a pullout model during their regular school day.

For children who are at or above average, motivated to learn, and have a high degree of success in the regular classroom, but are still not yet at the gifted level, our school offers an Elementary Accelerated Program (AP) for similarly differentiated instruction as students in the G.T. program.

Elementary academic education at the Muckleshoot Tribal School offers a variety of challenging opportunities for students in the GT, AP and core classes alike. Academically gifted classes strive to provide exceptional skill-building lessons, accelerated instruction, cross-curriculum integration, and project-based learning in the core subjects of reading, writing, history, science, math and technology in order to meet the educational needs of students at MTS.



The winners, pictured from left to right are Jordan McMillan, Miranda Jackson-Ward, Connie Ross-Courville, and Roselene Williams. Students unable to attend were Carlos Bennett, Nolan Milne, Laurelee Redthunder, and Jesus Bennett.

## MTS High School Students of the Month: November

The theme for MTS High School Student of the Month of November was gratitude/thankfulness. Students were nominated by staff. A boy and girl from each grade level, 9-12, were chosen. They were honored at a luncheon at the Spice Bay Buffet on December 7th.

**Muckleshoot Tribal School – Schedule Changes and Snow Routes**

As stated in the July 1, 2010 MIT Governmental Personnel Policies and Procedures manual, "In the event of inclement weather or other emergency situations, MIT will close if the Auburn School District is closed due to adverse weather conditions or community-wide emergencies (as opposed to a school-only emergency). On those occasions where the Auburn School District is already closed due to planned breaks or it is after hours and the school district has not posted closure information, an Executive Manager(MIT) shall determine whether to close MIT."

In addition to this policy above the following approved, supplemental policy will apply to MIT Department of Education Programs. "In the event that the Enumclaw School District is closed due to inclement weather or other emergency situations the following Department of Education operations will be closed: Muckleshoot Tribal School and The Muckleshoot Head Start program. Other Department of Education program may be closed as determined by Executive Management. All Department of Education programs may be closed as determined by Executive Management. All Department of Education programs remaining open when the Enumclaw School District is closed, will suspend transportation services to the Enumclaw area for the duration of the Enumclaw School District closure. On those occasions where the Enumclaw School District is already closed due to planned breaks or it is after hours and the school district has not posted closure information, an Executive Manager(MIT) shall determine whether to close MIT Department of Education programs.

All APPROVED closures will be posted on [www.FlashAlert.net](http://www.FlashAlert.net) and NASIS will auto call all students and staff.

Muckleshoot Tribal School Schedule Changes will be one of the following:

1. Closed- No School (all activities canceled)
2. Open, with limited bus transportation- follow routes below at normal times
3. Open, One hour late- follow routes below with student start times: @ 8:30
4. Open, Two hours late- follow routes below with student start times: @ 9:30

"Limited" means buses will not travel in the following areas for the entire day (no pick up or drop off)

Alternate Snow Route Bus Stop	Area Not Serviced due to weather conditions
Bonney Lake @ Winco Parking Lot	All Bonney Lake stops
Sumner, Lakeland Hills, Lake Tapps @ Ilako Elementary School 301 Oravetz Place SE	All Lakeland Hills & Lake Tapps stops
Lee Hill @ Fred Meyer parking lot, Auburn	All Covington Stops
Riverwalk Road @ Casino Parking behind the Arco gas station	*Stop @ corner of Howard Rd & Riverwalk *All 25 <sup>th</sup> , 25 <sup>th</sup> , 26 <sup>th</sup> & Forest Ridge *MCDC *All stops on 36 <sup>th</sup>
Transit Station by Hamilton Fireworks or Academy & 37th	
All Public Transit stops along Auburn Way So & Auburn/Enumclaw Hwy up to 416 <sup>th</sup>	Stops behind the Casino come out to Davenport or Scenic Dr. All Buckley stops Not serviced

**Please call Muckleshoot Tribal School Transportation  
Cell# 253-261-1329 if you have any questions or concerns**

**NOTE: You can sign up in advance at [www.flashalert.net](http://www.flashalert.net) to receive a text/email message when school schedule changes are posted**

## Cedar Bentwood Box Demonstration

December 21st, 2016, Canoe Building

PHOTO BY EVAN AVILA



## Eight Points

By Effie Tull

Greetings to each and every one of you, I hope the new year of 2017 will be a blessed year for you and those you love.

Every end of an old year passing by and the beginning of a new year coming in, I spend hours in prayer for many things. When I have finished my prayer time, I sit and wait to hear in my spirit what our Father has to speak to me. This was his message for the new year of 2017.



1. **Prayer** - Prayer changes things
2. **Faith** - Faith works wonders
3. **Action** - Action takes movement
4. **Focus** - Stay focused on God (Yahweh)
5. **Listen** - Hear Gods voice
6. **Love** - Love as God Loves
7. **Forgive** - Because we are forgiven
8. **Serve** - Because Jesus (Ya'Shua) Served. Jesus became a servant.

These are directives given to me but these eight instructions are good for any of us to follow. 2016 was a hard year for many of us in various ways, but let us choose to move forward in 2017 with an attitude of gratitude for life and a desire to breathe in the breath of God.

If we can change anything, let us be in pursuit to change ourselves. Take these eight steps and begin to insert them into your daily life.

I am happily looking forward to what God has in store for you, your families, and your life. Blessings upon each of you and know you are special and loved by our Father above.

Choose life, Choose God and Choose to pursue his presence.

Yahweh= God, Ya'Shua= Jesus

As Always in His Love,

*Effie Tull*

# A TRIP DOWN MEMORY LANE

PHOTOS PROVIDED BY DONNA STARR



## Happy Birthday

- |                       |      |                         |      |
|-----------------------|------|-------------------------|------|
| • Dennis Anderson Sr. | 2/1  | • Hazel Black           | 2/16 |
| • John Halliday       | 2/1  | • Cindy Butler          | 2/17 |
| • Todd LaClair        | 2/3  | • Cynthia Anderson      | 2/20 |
| • Danny Ames          | 2/4  | • Joy Hamilton          | 2/21 |
| • David Hamilton      | 2/4  | • Wayne James           | 2/21 |
| • Violet Jerry        | 2/4  | • Renee Sneatlum        | 2/21 |
| • Gary Cross          | 2/6  | • Sharon Elgin          | 2/22 |
| • Leslie Hoffer       | 2/6  | • Rhonda Harnden        | 2/22 |
| • Kelvin Barr         | 2/7  | • Virginia Hennes       | 2/23 |
| • Charlene Ellis      | 2/7  | • Joan Maurice          | 2/23 |
| • Warren KingGeorge   | 2/7  | • Noreen Milne          | 2/23 |
| • Roseanne Nelson     | 2/7  | • Charles Gordon        | 2/26 |
| • Clarice Williams    | 2/9  | • Nancie Jansen         | 2/27 |
| • Caryn Avila         | 2/11 | • George Starr "Rabbit" | 2/27 |
| • Denise Bill         | 2/11 | • Norma Eyle "Babe"     | 2/28 |
| • Mykle Mora          | 2/11 | • Richard Miller        | 2/28 |
| • Abbe Lozier         | 2/12 | • Paul Patterson        | 2/28 |
| • Melissa Nino        | 2/12 |                         |      |
| • Elaine Ciunci       | 2/13 |                         |      |
| • Connie Pierce       | 2/13 |                         |      |
| • Leonard Sneatlum    | 2/13 |                         |      |
| • Juanita Whitcomb    | 2/13 |                         |      |
| • Clifford Keeline    | 2/14 |                         |      |
| • Leo LaClair         | 2/15 |                         |      |
| • Charles Schultz     | 2/15 |                         |      |
| • Lonna Swanson       | 2/15 |                         |      |









## Center for World Indigenous Studies receives \$20,000 Grant for Muckleshoot Food Sovereignty Assessment

The Center for World Indigenous Studies (CWIS) recently received a \$20,000 grant from the First Nations Development Institute of Longmont, Colorado (through a grant from the NoVo Foundation of New York, NY). This grant supports the Center for World Indigenous Studies collaborative \$29,484 Muckleshoot Food Sovereignty Assessment project conducted with the Muckleshoot Tribal Council.

Dr. Rudolph Ryser is the Principal investigator and Valerie Segrest coordinates the Food Sovereignty Assessment working with a five-member Muckleshoot Youth Food Planning Council. CWIS and the Planning Council are conducting family interviews in 61 Muckleshoot tribal households to evaluate food choices (commercial as compared with traditional foods).

The assessment includes a historical assessment of traditional Muckleshoot foods and a revised Muckleshoot food map. The results of the assessment will be used by the Youth Food Planning Council to make recommendations to the Muckleshoot Tribal Council for new tribal food policies.

“We see the proposed project as beneficial to understanding the impact of social and cultural aspects that contribute to the promotion of traditional and healthy food activities throughout the Muckleshoot community,” said Muckleshoot Tribal Council Chair Virginia Cross. She further stated, “(We see this project) enhancing our efforts to promote the long-term health and wellness of Muckleshoot community members.”

The Center ([www.cwis.org](http://www.cwis.org)) has since the Conference of Tribal Government at Tumwater, Washington in 1979 authorized the organization worked to apply traditional knowledge through education, research, and policy analysis to tribal community efforts to meet health, social, economic and cultural challenges.

The CWIS Certificate Program regularly grants certifications to learners in traditional healing arts and sciences and Fourth World Studies. Researchers and Fellows at CWIS engage in economic, governance, health, nutrition and international policy studies each year.

CWIS publishes the peer-reviewed Fourth World Journal ([fwj.cwis.org](http://fwj.cwis.org)) and the Center also publishes Intercontinental Cry Magazine ([www.intercontinentalcry.org](http://www.intercontinentalcry.org)). The Center is registered as a 501 (c) 3 nonprofit, nongovernmental organization serving American Indian tribal governments and communities in the Pacific Northwest and indigenous peoples throughout the world.

The Center may be contacted through at 1001 Cooper PT RD SW 140, 214 in Olympia, Washington.

## Muckleshoot Traditional Foods & Medicines Program Receives \$23,000 Grant to Launch “Healthy Beverages Campaign”

The Muckleshoot Traditional Foods & Medicines Program recently received a \$23,000 grant from the First Nations Development Institute of Longmont, Colorado. This award will support the efforts of the program to effectively execute the Healthy Beverages Campaign.



With this generous funding, the program will launch a Nutrition Education Program, founded on one of the most important tenants of good health – the importance and sacred nourishment of water and plants in our diet. With this funding we will:

- Develop healthy beverage campaign posters.
- Develop healthy beverage station toolkits and a curriculum
- Hold two “Train the Trainer” seminars with at least 80 attendees
- Develop a “ripple effect” evaluation model to measure the reach of the project

If you are a community member who is interested in participating and receiving training to become a health advocate, who leads the way in decreasing the consumption of sugary beverage and health damaging drinks in our community contact Valerie Segrest for more information. The first training is scheduled for May 5th and more information will be released soon.

**Valerie Segrest**  
Phone: 253-876-3243

## 2016 MUCKLESHOOT TRIBAL DEVELOPMENT PROGRAM LEAD EVENT

By Tara Howell

“What does trust mean to you?” This was the question proposed at the beginning of the Muckleshoot Tribal Development Program’s 4th quarter LEAD event on November 3rd and 4th at the Health and Wellness Center. This quarter, we wanted to introduce trust to the group and engage them in self-discovery in order to learn how it affects the organization.

Training and Development Manager, Monica Simmons, and T&D Specialist, Tara Howell, facilitated Franklin Covey’s, The Speed of Trust Foundations, to TDP participants, managers, and designated trainers.

During the first part of the morning, we developed our case for trust. This consisted of defining what trust is and how the five waves of trust can create a ripple effect. Why is trust important to the success of an organization? What can we, as individuals, do to influence trust in others?

Stephen Covey taught us that if trust is down, speed goes down and cost goes up. But, if we have trust, (the hidden variable) speed goes up and cost goes down. If there is an organization lacking in trust then it incurs trust taxes such as low employee engagement, high turnover, customer churn, and even increased politics.

If the organization operates with high trust, it will earn trust dividends - increased stakeholder value, collaboration, innovation, and loyalty. All of these taxes can affect each one of us, but we can take action by strengthening our proactive muscles and focus on our “circle of influence.” If we are consistently acting in high trust ways, our circle of influence grows and we will be able to generate greater personal credibility.

Throughout the training, the water drop is referred to when describing the five waves of trust. Like a water drop, we inspire trust by starting with ourselves, which then ignites the ripple effect to inspire relationship trust, organizational trust, market trust, and societal trust. Trust starts with us.

The first wave of trust, self-trust, goes more in-depth on the four cores of credibility: integrity, intent, capabilities, and results. These four cores make up the character and competence of personal credibility.

Each participant was given a set of cards and among them were descriptor cards of the four cores. During this topic, the group was divided into teams and given one of the four cores.

After a team discussion, the team taught the rest of the group how their Core of Credibility card related to personal credibility. This gave everyone a chance to hear about the four cores on a deeper and more personal level. Later, we led them into the activity of creating a Credibility Manifesto, their personal statement on why they can be trusted.

The next important tool we gave them within the cards was the four “Accelerator” cards. These cards helped people learn to strengthen their credibility using tips like define your motive, declare intent, keep commitments, and take responsibility for results.

We learned why it is important to declare intent, because if intentions are not clear it can lead to miscommunications, assign a negative motive and even impact your credibility, which in turn would impact your second wave, relationship trust.

After lunch, we dove into the second wave of trust, relationship trust. Here we introduced “The 13 Behaviors” cards and asked the group to pair up and really explore the meaning of the behavior cards to each other.

Each behavior card included the obvious opposite, but what we really wanted to expose were the counterfeit behaviors. These are the human behaviors that are easy to fall into, such as beating around the bush or making vague commitments. We then discussed how to recognize and avoid these behaviors.

There were three scenarios in which people could use the 13 behaviors to work through a conversation and to use them in the correct order to be successful.

After this activity, we began the Speed of Trust talks. The topics included, developing trust, restoring trust, and extending smart trust. Using the “Smart Trust” matrix, we divided the group into three groups to understand what it is like to operate using blind trust, no trust, and distrust. Each group explained how their quadrant makes work/life difficult and affects not only us but those around us.

Using smart trust means that you can look for opportunities to extend trust and not operate from a place of suspicion by not seeing trust as a possibility.

The group then had the opportunity to put their trust to the test. Each table designated a communicator, a runner, a blindfolded shooter, and a blind-folded puzzler. The teams were each given a puzzle. The communicator was in charge of giving clear directions to the shooter and the puzzler. The runner would grab each set of pieces as a basket was made and would watch the ball to protect their team. The team that was able to complete their puzzle the fastest was declared the winner.

Participants left with many tools to help them begin to develop, restore, and extend trust to themselves and their relationships. A lot of in-depth group discussions took place between participants at their tables and in partner activities. This event developed and enhanced relationships between people. We hope the activities inspired them to begin to develop their circle of influence. Trust starts with us. We are the water drop.

## A LIVING CULTURE AT THE BURKE MUSEUM’S ARCHEOLOGY DAY

By Valerie Segrest

Spearheaded by Louie Ungaro, Chair of the Muckleshoot Preservation Committee, several community members were mobilized to represent the Muckleshoot Tribe at the Burke Museum’s annual “Archaeology Day” on January 21st, 2017.

“These opportunities are crucial to protecting our sovereignty, by illustrating that we are a living culture and that these aren’t objects that were made in the past- they are tools and gifts that we prepare today and our children are learning to prepare for the future.”

-Louie Ungaro, Tribal Council

Tyson Simmons set up a carving demonstration, Leonard Moses led a net hanging and prep station, Dub Starr displayed his

spears and cooking sticks, and Valerie Segrest set up the soon to debut “Cedar Box Teaching Toolkit”.

Over 600 attendees visited the event. Thousands of years of human history were represented as more than relics of an ancient past; they exemplified our living legacy with the land and all that dwells on it.

Hundreds of artifacts were on display throughout the forum of the Burke, and in the theme of representing the Muckleshoot community, the Burke displayed an ancient river canoe that was discovered on the banks of the Green River.

The Tribe and the Burke’s archaeologists are restoring the rare canoe and conducting some very inspiring research along the way.





Back Row pictured left to right: Joe James, enrolled MIT and volunteer in the garden program; Jeffrey Atkinson, Abe Passagli, Dean, and Mark Buckley, Trustees of Seattle Awesome Foundation. Front Row Uri Israel, Elder's Garden Program Founder.

### An Awesome Grant Elder's Garden Program Receives \$1,000 grant from Seattle Awesome Foundation

By Uri Israel

Recently, the Seattle chapter of the Awesome Foundation awarded \$1,000 to the Elder's Garden Program. The grant will be used to purchase Moo-Doo (a special brand of cow manure) for the fertilization of some of the established gardens at the Muckleshoot Indian Tribe. Grant funds will also go towards tractor tilling and garden work for the two largest home gardens in Muckleshoot Elder's yards.

A good fertilizer is an absolute necessity for gardens built on the plateau. The garden program prefers Moo-Doo, a mulch and soil enhancer that is produced through Hygrass Farms at \$40.00 per pick-up load.

In 2016, only one elder was able to afford Moo-Doo and her garden produced larger, healthier crops. The grant from the Awesome Foundation will make it possible to add this fertilizer to other Muckleshoot Elder's gardens in 2017.

By the time this article is published, all of the garden tilling and fertilizer delivery will have taken place. The MIT In-Home Support Service, Elder Garden Program is so very thankful to the Seattle Awesome Foundation for their generous support.

If you have an awesome project that helps others and or your community in Washington State, check out the Seattle Awesome Foundation at <http://www.awesome-seattle.org/> for guidelines regarding possible grant funding.

The Awesome Foundation is composed of a Board of Trustees that donates \$100.00 of their personal money every month to support an awesome project in Washington State. The following description was taken directly from their website:

"The Awesome Foundation is an international philanthropic organization devoted to forwarding the interest of awesomeness in the universe. Every month we award a no-strings-attached grant of \$1,000 to a project that we deem awesome.

"We're interested in a wide variety of projects, ranging from friendly postcards sent to random strangers to light festivals to pop-up museums (and all sorts of other things; check out all of the projects we've funded). If you think your idea is worth \$1,000, send us an application!"

Uri Israel and Joe James were on-hand in Seattle to accept the grant from the Seattle Awesome Foundation Trustees pictured above.

**Are you eligible to receive child care assistance?**

Is your child(ren):

- ✓ 12 years of age or younger?
- ✓ Of American Indian/Alaska Native descent?

Are you:

- ✓ Employed
- ✓ Enrolled in educational courses
- ✓ In job training
- ✓ Or participating in job search activities

Child care assistance is based upon your family's size & monthly income that is at or below 85% of King County's median income. You qualify, if your family's monthly income falls between the following ranges:

- Family size of 1: \$0 - 4,484
- Family size of 2: \$0 - 5,121
- Family size of 3: \$0 - 5,759
- Family size of 4: \$0 - 6,396
- Family size of 5: \$0 - 6,913
- Family size of 6: \$0 - 7,423
- Family size of 7: \$0 - 7,933
- Family size of 8: \$0 - 8,443

**\*\*Up to 100% of King County's median income for Enrolled Muckleshoot Tribal Member & direct descendant going 1 generation back- Mother or Father must be enrolled.**

Give us a call: 253-876-3016  
 Email: [Linda.eyle@muckleshoot.nsn.us](mailto:Linda.eyle@muckleshoot.nsn.us)  
 Or stop by the office: 15599 SE 376th St Auburn, WA 98092  
 Located @ the Muckleshoot Early Childhood Education Center on the Tribal School Campus.

IN THE MUCKLESHOOT COURT OF JUSTICE  
FOR THE MUCKLESHOOT INDIAN RESERVATION  
AUBURN, WASHINGTON

Case No. MUC-PO11/16-176

In Re the Protection of:  
G.S., DOB: 02/27/1945, an elder/vulnerable adult

vs.

EMANUEL HOLLIDAY, DOB: 11/12/1983, Respondent

NOTICE OF HEARING ON PROTECTION ORDER PETITION  
TO: EMANUEL HOLLIDAY, DOB: 11/12/1983

IT IS HEREBY ORDERED THAT the previously entered protection order remains in full force and effect. In particular:

1. The respondent is Restrained from committing or threatening to commit physical harm, bodily injury, assault, including sexual assault against the vulnerable adult and from molesting, harassing, or stalking the elder/vulnerable adult.
2. Respondent is Restrained from committing or threatening to commit acts of abandonment, abuse, neglect, or financial exploitation against the elder/vulnerable adult.
3. The respondent is Excluded from the elder/vulnerable adult's residence.
4. Respondent is Prohibited from knowingly coming within, or knowingly remaining within 500 feet (distance) of the elder/vulnerable adult and his or her residence as well as the Muckleshoot Elders Complex.
5. A violation of this order may subject respondent to arrest and criminal prosecution under tribal and/or state law.
6. The protection order expires April 27, 2017, but may be renewed prior to its expiration.
7. Next hearing: April 27, 2017 at 10:00 a.m.
8. Parties are responsible for updating the court as to any change of service address.

SO ORDERED this 26th day of January 2017.  
/s/ GARY BASS, CHIEF JUDGE OF THE MUCKLESHOOT COURT OF JUSTICE

Muckleshoot Tribal Court  
39015 172nd Avenue SE, Auburn, WA 98092  
Phone: (253) 876-3203 / Fax: (253) 876-2903

IN THE MUCKLESHOOT COURT OF JUSTICE  
FOR THE MUCKLESHOOT INDIAN RESERVATION  
AUBURN, WASHINGTON

Case No. MUC-PO11/16-178

In Re the Protection of:  
G.S., DOB: 02/27/1945, an elder/vulnerable adult

vs.

JESSE STARR SR, DOB: 04/21/1976, Respondent

NOTICE OF HEARING ON PROTECTION ORDER PETITION  
TO: JESSE STARR SR, DOB: 04/21/1976

IT IS HEREBY ORDERED THAT the previously entered protection order remains in full force and effect. In particular:

1. The respondent is Restrained from committing or threatening to commit physical harm, bodily injury, assault, including sexual assault against the vulnerable adult and from molesting, harassing, or stalking the elder/vulnerable adult.
2. Respondent is Restrained from committing or threatening to commit acts of abandonment, abuse, neglect, or financial exploitation against the elder/vulnerable adult.
3. The respondent is Excluded from the elder/vulnerable adult's residence.
4. Respondent is Prohibited from knowingly coming within, or knowingly remaining within 500 feet (distance) of the elder/vulnerable adult and his or her residence as well as the Muckleshoot Elders Complex.
5. A violation of this order may subject respondent to arrest and criminal prosecution under tribal and/or state law.
6. The protection order expires April 27, 2017, but may be renewed prior to its expiration.
7. Next hearing: April 27, 2017 at 10:00 a.m.
8. Parties are responsible for updating the court as to any change of service address.

SO ORDERED this 26th day of January 2017.  
/s/ GARY BASS, CHIEF JUDGE OF THE MUCKLESHOOT COURT OF JUSTICE

Muckleshoot Tribal Court  
39015 172nd Avenue SE, Auburn, WA 98092  
Phone: (253) 876-3203 / Fax: (253) 876-2903

IN THE MUCKLESHOOT COURT OF JUSTICE  
FOR THE MUCKLESHOOT INDIAN RESERVATION  
AUBURN, WASHINGTON

Case No. MUC-PO11/16-166

In Re the Protection of:  
G.S., DOB: 02/27/1945, an elder/vulnerable adult

vs.

AUREA GONZALES, DOB: 07/28/1979, Respondent

NOTICE OF HEARING ON PROTECTION ORDER PETITION  
TO: AUREA GONZALES, DOB: 07/28/1979

IT IS HEREBY ORDERED THAT the previously entered protection order remains in full force and effect. In particular:

1. The respondent is Restrained from committing or threatening to commit physical harm, bodily injury, assault, including sexual assault against the vulnerable adult and from molesting, harassing, or stalking the elder/vulnerable adult.
2. Respondent is Restrained from committing or threatening to commit acts of abandonment, abuse, neglect, or financial exploitation against the elder/vulnerable adult.
3. The respondent is Excluded from the elder/vulnerable adult's residence.
4. Respondent is Prohibited from knowingly coming within, or knowingly remaining within 500 feet (distance) of the elder/vulnerable adult and his or her residence as well as the Muckleshoot Elders Complex.
5. A violation of this order may subject respondent to arrest and criminal prosecution under tribal and/or state law.
6. The protection order expires March 23rd, 2017, but may be renewed prior to its expiration.
7. Next hearing: March 23rd, 2017 at 10:30 a.m.
8. Parties are responsible for updating the court as to any change of service address.

SO ORDERED this 6th day of January 2017.  
/s/ GARY BASS, CHIEF JUDGE OF THE MUCKLESHOOT COURT OF JUSTICE

Muckleshoot Tribal Court  
39015 172nd Avenue SE, Auburn, WA 98092  
Phone: (253) 876-3203 / Fax: (253) 876-2903

**Attention:  
Muckleshoot Tribal Members**

The Water, Sewer & Garbage Assistance Program has now been extended to King and Pierce Counties.

Please call (253) 876-2975 for details or stop by Public Works Office (Water Treatment Plant) to pick up an application.

*Muckleshoot Community Dance*

**Drug and Alcohol Free Event**  
Sla Hal Shed 7pm- 11pm  
Sunday February 19th, 2017

Age appropriate dancing  
You may dress in formal/ Casual Wear  
Remember this is an all age event and you must act appropriate at all times.  
DJ services will be provided  
Will have food, pop and water

## THEY WANT IT

A Spoken Word Poem By Gil Adame

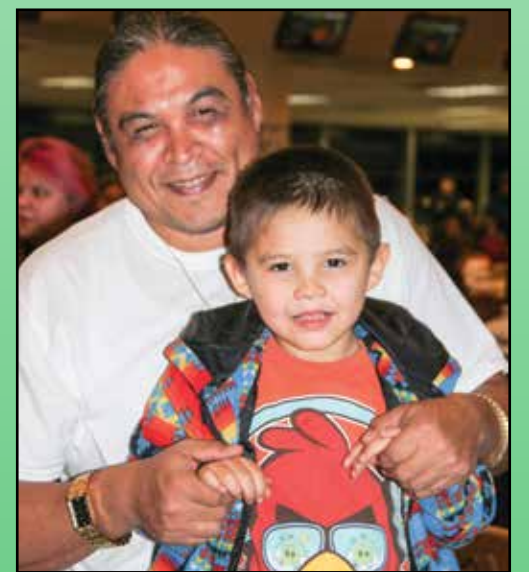
When you were the size of nothing ready to become something,  
You needed things to survive.  
Give me water, give me food, let me out and give me life  
Give me my first breath of air; give me my first meal and the hands of my mother.  
I need them...  
But what I didn't need was pollution, rape, violence and drugs  
I didn't need abuse, I didn't need bullies, and I never needed brutality  
I didn't need to see the hand of a man bust the lip of a crying woman  
No I needed none of that...but it's real and it will always remain real.  
And I will always remain amazed by the human that feels they need, yes need, that small amount of carnage to live we call...drugs  
That is no longer a need; it is more of a want.  
He wants it  
She wants it  
They want it  
We all want it  
When I am hurt,  
When I am in pain,  
When I am happy,  
When I am sad,  
When I am in the bathroom of a gas station on my knees, I want it.  
When I am at my mom's house flicking the glass until my beast calmly makes it way to the bowl, I want it.  
I want it right now in my veins, in my body, in my mouth.  
I get what I want; I will lie, cheat and steal for my end,  
I will claw, kick, punch and at my worst kill for what I want...but,  
Don't you see? Don't you get it yet?  
They're not your friends; they will get you nowhere.  
Drugs don't love you,  
Dig deep inside to where you needed things to live, to where you needed things to be a great person.  
The person your parents are proud of  
Your want will kill you  
Your needs will help you live  
Live for us  
Live for yourself



# MUCKLESHOOT COMMUNITY CHRISTMAS PARTY

December 17th, 2016, Emerald Downs

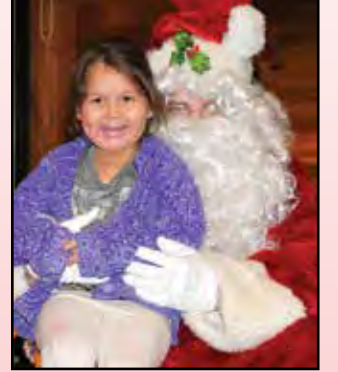
PHOTOS BY EVAN AVILA



# Santa Claus Visits MCDC

December 22, 2016, MCDC Building

PHOTOS BY EVAN AVILA





## Teen Resources

**Muckleshoot Health & Wellness Center**  
253-939-6648  
Mon/Tue/Thu/Fri 8 - 5 pm  
Wednesdays 9 - 5 pm  
Closed for lunch 12 - 1pm  
Daily Medical Walk Ins 9 - 11:30 am & 1 - 4 pm

**Auburn Public Health Center**  
901 Auburn Way North  
Auburn, WA 98002  
253-477-0600  
*Teen Clinic - Walk Ins*  
*Tuesdays 12:30 - 4 pm*

**Planned Parenthood**  
1105 South 348th Street #B103  
Federal Way, WA 98003  
800-769-0045  
Mon 9 - 5 pm | Tue & Fri 8 - 4 pm | Wed 11 - 7 pm  
Thu 8:30 - 4:30 pm  
*Open at 10 am on the third Friday of each month.*  
*Walk-in and scheduled appointments available*  
*Low cost services*

Helpful and informative websites:

For weekly health tips, contests and life advice text **NATIVE** to  
[www.wernative.org](http://www.wernative.org) [www.iwannaknow.org](http://www.iwannaknow.org)  
[www.staying-alive.org](http://www.staying-alive.org) [www.teenadvice.org](http://www.teenadvice.org)  
[www.866teenlink.org](http://www.866teenlink.org)  
**Teen Crisis Hotline - 866-427-4747**



## HOW TO APPLY FOR THE 2016 TAX EXEMPTION FOR AMERICAN INDIANS AND ALASKAN NATIVES

It is important to note that if you were not enrolled in minimum essential health insurance coverage, you may be subject to a fine at tax time unless you qualify for one of the following exemptions:

- 1) You are a member of a Federally recognized tribe;
- 2) You are a member of the Alaska Native Claims Act Corporation (ANCSA);
- 3) You are eligible to receive services from an Indian Health Care Provider at I.H.S.,

How to Claim the Exemption on your Federal Income Tax Return:

- 1) Complete the IRS Form 8965—"Health Coverage Exemptions"
- 2) On Part III of the form enter "Code E" for the Indian Exemption in column "c" and check the box in column "d" for "Full Year"
- 3) Include your completed Form 8965 when you file your income taxes

For More Information contact:

**The Managed Care Department**  
**Muckleshoot Health & Wellness Center**  
**Ph # 253-939-6648**



## FLU NEWS

FLU EPIDEMIC INFORMATION

January 2017

### Dear Tribal Community

#### Flu Epidemic 2017

Health officials in Washington State have confirmed that influenza (flu) is at epidemic levels this year. Sadly, there have already been over 24 deaths in our state caused by the flu.

The flu is a serious illness, but we can all do our part to keep to minimize the spread of the disease.



#### People at High Risk of Developing Flu-Related Complications

AMERICAN INDIANS AND ALASKA NATIVES

CHILDREN YOUNGER THAN 5

ADULTS 65 AND OLDER

PREGNANT WOMEN

RESIDENTS OF NURSING HOMES/CARE FACILITIES

#### PREVENTION: Protect Yourself, Your Family and Your Community

FLU VACCINATION IS THE BEST METHOD OF PREVENTION. The flu shot takes up to 2 weeks to provide full protection, but is available now from your tribal clinic, primary care provider and pharmacies throughout the state. Flu shots are among the safest medical products in use today, and they cannot give you the flu. By getting a flu shot you are protecting yourself and others, especially children and elders.

COVER YOUR COUGHS AND SNEEZES

WASH YOUR HANDS FREQUENTLY

STAY HOME WHEN YOU ARE SICK

#### How to Know if You Have the Flu?

You may have the flu if you have some or all of these symptoms:

\*fever \*cough \*sore throat \*runny/stuffy nose \*body aches \*headache \*chills \*fatigue

### What to Do if You Get Sick

#### If You or a Family Member Has Symptoms

- CALL your tribal clinic or primary care provider—they will determine whether you need influenza testing and/or treatment
- Stay home and avoid contact with other people except to get medical care
- Follow your healthcare provider's instructions

#### Do You Need to go to the Emergency Room?

The emergency room should only be used for people who are very sick. If you have the following emergency warning signs, you should go to the emergency room.

#### Emergency Warning Signs

- In Children**
- Fast breathing or trouble breathing
  - Bluish skin color
  - Not drinking enough fluids
  - Not waking up or not interacting
  - Being so irritable that the child does not want to be held
  - Flu-like symptoms improve but then return with fever and worse cough
  - Fever with a rash



**PROTECT YOUR FAMILY AND TRIBAL COMMUNITY: VACCINATE**

In addition to the signs above, get medical help right away for any infant who has any of these signs:

- Being unable to eat
- Has trouble breathing
- Has no tears when crying
- Significantly fewer wet diapers than normal

#### In Adults

- Difficulty breathing or shortness of breath
- Pain or pressure in the chest or abdomen
- Sudden dizziness
- Confusion
- Severe or persistent vomiting
- Flu-like symptoms that improve but then return with fever and worse cough

<http://www.doh.wa.gov/YouandYourFamily/Influenza/Flu>

## MIT HEALTH & WELLNESS CENTER SHUTTLE BUS SERVICE

Effective 06/27/16

Pick-up times are approximate

**Monday-Friday Schedule**

8 am to 9pm

**Bus Route Repeats Itself Every Hour on the Hour**

No service between 11:00 a.m.-Noon Monday-Friday

8:00 A.M. - 9:00 P.M.

1<sup>st</sup> Run Last Pick up/Drop Off

8:00 am 9:00pm Health & Wellness

8:05 5:05 Resource Center

8:07 5:07 Finance

8:09 5:09 Phillip Starr

8:12 8:12 Virginia Cross Education

8:17 8:17 Dogwood Street (Behind Tribal Store)

8:21 8:21 Green Tree Apartments (Behind Casino)

8:25 8:25 17<sup>th</sup> Street SE

8:30 8:30 N.W. Family Church (Across from Chinook School)

8:37 8:37 Davis Property

8:40 8:40 Skopabsh Village

8:43 8:43 Shaker Church

8:45 8:45 Cedar Village

8:49 8:49 Pentecostal Church

8:53 4:53 Senior Center on 392<sup>nd</sup> ST.

Last Scheduled Route begins at 8:00 PM

### Saturday Schedule

10am to 2pm

10:00 A.M. - 2:00 P.M.

1<sup>st</sup> Run Last pick up/Drop Off

10:00am 1:00pm Health & Wellness

10:10 1:10 Virginia Cross Education

10:15 1:15 Dogwood St SE (Behind Tribal Store)

10:20 1:20 Green Tree Apartments (Behind Casino)

10:25 1:25 17<sup>th</sup> Street SE

10:30 1:30 N.W. Family Church (Across from Chinook School)

10:40 1:40 Davis Property

10:45 1:45 Skopabsh Village

10:50 1:50 Shaker Church

10:52 1:52 Cedar Village

10:55 1:55 Pentecostal Church

Last Scheduled Route begins at 1:00PM

**BUS ROUTE REPEATS ITSELF EVERY HOUR ON THE HOUR**  
Subject to change during adverse weather and unscheduled service disruption

Revised 06/17/2016

## Muckleshoot Needle Exchange Program

Muckleshoot Behavioral Health



#### Services Offered:

- Exchange used syringes for clean syringes
- Receive safe injection supplies
- Receive overdose prevention education and Narcan
- Receive tips on how to inject drugs safely

This is a non-judgmental service for Injection Drug Users. The purpose of the Needle Exchange is to get used drug injection equipment off of the streets and to keep our community safe!

Mobile unit every Friday from 2 to 4pm

Location: Outside of Cedar Village in the old smoke shop parking lot in the HWC Outreach Van  
Any Questions? Contact Carol VanConett at Muckleshoot Behavioral Health: 253-804-8752

### SEEKING CCDF PROVIDERS

Do you have a genuine love of children and enjoy seeing them thrive in a safe and comfortable environment.

Could you provide nurturing and fun learning experiences for a neighbor, friend, or family member's child/ren.

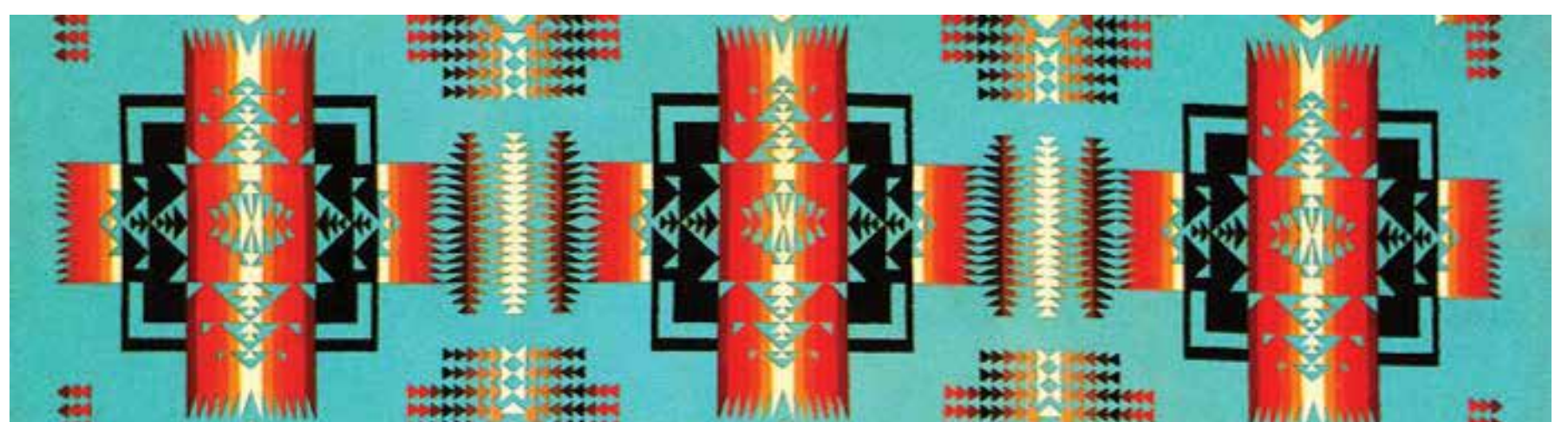
We are seeking individuals that can offer - flexible or set days & hours for children between the ages of 0 through 12 years of age.

Give the Muckleshoot Indian Tribe's CCDF Program a call and see how you could get paid for providing childcare services.

Call: Linda Eyle @ 253-876-3016, come by the MECE Building or, send me an Email: [linda.eyle@muckleshoot.nsn.us](mailto:linda.eyle@muckleshoot.nsn.us).

Our children are our most precious resource. Parents shouldn't have to struggle to provide quality, affordable care when working, attending schooling, or training opportunities. Please partner with me in protecting this resource!

15599 SE 376TH St Auburn, WA 98092





## FACTS about the Flu Vaccine

**Even healthy people need a flu vaccine.**  
Influenza (flu) is a contagious disease which affects the lungs and can lead to serious illness, including pneumonia.

**Is the flu vaccine safe?**  
Yes the flu vaccine is safe.

**The most common side effects of the flu vaccine are mild.**  
The flu shot cannot cause the flu; however it can cause mild side effects that may be mistaken for the flu. Some people who get the flu shot may feel achy or have a sore arm where the vaccine was given. These are **NOT** the flu. If you experience these effects, they are usually mild and last only 1-2 days.

**Can't I wait and get vaccinated when/if the flu hits my community?**  
It is best to get the flu vaccine before the flu begins to spread. It takes about two weeks for the flu vaccine to provide full protection, so the sooner you get vaccinated, the more likely it is that you be fully protected once the flu begins to circulate in the community.

*When you get your flu vaccine, you can keep yourself healthy and keep from spreading the flu. Protect the circle of life.*

For more information, contact the HWC Medical Clinic at 253-939-6648.



## Want Your Medical Bills Paid Quicker?

If you are getting statements from a doctor, hospital, x-ray, ambulance, lab and you received a PO number from CHS.

If you have insurance and got a PO number from CHS, please bring in the EOB, paper from your insurance stating how they processed/paid your bill.

Please bring the statement(s) and anything from your insurance to the CHS office, so we can pay your medical bills faster.

Many times, your doctor does not send the CHS office your bills, then you keep getting statements... bring anything in that you get for your bills if you got a PO number.

The CHS office can't pay a bill if we don't have it.

Thank you  
CHS Team  
(253) 939-6648

## WHAT ARE THE SIGNS OF HEROIN USE?

### Definitive signs of heroin use include:

- Needles or syringes not used for other medical purposes
- Burned silver spoons
- Aluminum foil or gum wrappers with burn marks
- Missing shoelaces (used as a tie off for injection sites)
- Straws with burn marks
- Small plastic bags, with white powdery residue
- Water pipes or other pipe

### Behavioral noticeable with heroin addiction include:

- Lying or other deceptive behavior
- Avoiding eye contact, or distant field of vision
- Substantial increases in time spent sleeping
- Increase in slurred, garbled or incoherent speech
- Sudden worsening of performance in school or work, including expulsion or loss of jobs
- Decreasing attention to hygiene and physical appearance
- Loss of motivation and apathy toward future goals
- Withdrawal from friends and family, instead spending time with new friends with no natural tie
- Lack of interest in hobbies and favorite activities
- Repeatedly stealing or borrowing money from loved ones, or unexplained absence of valuables
- Hostile behaviors toward loved ones, including blaming them for withdrawal or broken commitments
- Regular comments indicating a decline in self esteem or worsening body image
- Wearing long pants or long sleeves to hide needle marks, even in very warm weather

Users build tolerance to heroin, leading to increases in the frequency and quantity of heroin used. With growing tolerance, more definitive physical symptoms of heroin use and addiction emerge:

- Weight loss-they may wear big clothes to hide their weight loss..
- Runny nose (not explained by other illness or medical condition)
- Needle track marks visible on arms
- Infections or abscesses at injection site
- For women, loss of menstrual cycle (amenorrhea)
- Cuts, bruises or scabs from skin picking

For effective Heroin Treatment Solutions Call Us We Have the Answers  
Muckleshoot Behavioral Health  
253-804-8752

Ask to talk to a counselor

**WE ARE CONNECTED. we need you here.**

To GIVE help or GET help:  
Call 911 if you or someone you know is in immediate danger.  
Call the Suicide Prevention Lifeline: 1-800-273-TALK (8255).  
Chat online at [www.SuicidePreventionLifeline.org](http://www.SuicidePreventionLifeline.org).  
Text START to 741741 to chat via text.  
Visit [www.wernative.org](http://www.wernative.org).

Talk to trusted elders, healers, friends, family, clergy or health professionals.

**Talk to a Counselor @**  
Behavioral Health 253-804-8752  
Family & Youth Services 253-333-3605  
**After Hours**  
Crisis Line 1-866-427-4747  
Crisis Line 206-461-3222  
Suicide Line 1-800-784-2433  
Teen Link 1-866-833-6546 (Evenings 6-10pm)

Northwest Portland Area Indian Health Board  
[www.npaihb.org](http://www.npaihb.org)

**THRIVE**

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### Is your Narcan Kit Expired?

**Please Check the Expiration Date on your Narcan Kits!!!!**

If expired please come get a new one at:  
MIT Behavioral Health 253-804-8752  
MIT Pharmacy 253-333-3618

If you have questions or you are concerned please feel free to call  
Megan Gifford at 253-804-8752

Expiration Date is Located on the Vial

### New Registration Changes For the HWC Effective 04/01/16

Questions? Call (253) 939-6648 Registration Clerk  
We've made a few changes to how often MIT members have to update at the HWC.

- The Registration application has been made shorter.
- There is now a one page Update form.
- We've made these changes, because many MIT members don't move and everything stays the same from year to year.
- We do need to know when you get any kind of health insurance coverage and we need to know if it ends.
- We also need a current phone number to reach you.

A. All new applicants must complete and submit all required information to determine their eligibility for services at the HWC.

All current people registered at the HWC:

1. Enrolled MIT members who are CHS eligible will be required to update every three (3) years, or when their address, name, insurance coverage or Tribal affiliation changes.
2. Enrolled MIT members who are CHS eligible and over the age of 50 will be required to update every ten (10) years, or when their address, name, insurance coverage or Tribal affiliation changes.
3. Other non MIT natives that are CHS eligible will be required to update annually on or around their birthday, or when their address, name, insurance coverage or Tribal affiliation changes.
4. Other non MIT natives, who are CHS eligible based on an economic (full time employment with Tribal entity) will be required to update annually or, or when their address, name, insurance coverage or Tribal affiliation changes.
5. Other non MIT natives that CHS eligible based on a social tie (spouse, significant other or extended family member etc.) will be required to update annual or, or when their address, name, insurance coverage or Tribal affiliation changes.

So, if you've updated at the HWC:  
In 2016, you won't need to update until 2019\*  
In 2015, you won't need to update until 2018\*  
In 2014, you won't need to update until 2017\*  
\* Not unless your address, name, insurance coverage changes.

### Effective 2017

If you are currently being reimbursed for your Medicare Part B from the Muckleshoot Managed Care Department there will be a change to your monthly reimbursement.

## Medicare

Reimbursements will be paid the standard Medicare rate for 2017 as established by the Centers for Medicare or at the standard amount listed on your Social Security letter for 2017.

\*This excludes any additional fees including any Income related monthly adjusted amount (IRMAA) or any Late enrollment penalty (LEP)\*

**FOR QUESTIONS PLEASE STOP BY OR CALL US.**

Muckleshoot Managed Care Department  
17500 SE 392nd St  
Auburn, WA 98002  
PH # 253-939-6648

Our reimbursement policy is to reimburse only when funding permits. To be considered for reimbursement of your Medicare Part B premium you must:  
→ Be CHS eligible at the Muckleshoot HWC;  
→ Medicare must be your only form of insurance;  
→ Non Muckleshoot Tribal Members will be subject to a 6 month wait period;

### Wa. Health Plan Finder Open Enrollment

**Open Enrollment is available now!**

- Survivors of domestic violence (DV) can now apply for and enroll in health insurance coverage through the Federal Marketplace at any time during the year! They do not need to wait for Open Enrollment to begin. This Special Enrollment Period (SEP) is available to anyone who has experienced DV.
- There are many health insurance options—
- Screening and counseling for domestic violence are now covered benefits as a result of the Affordable Care Act!
- Health coverage can help you get medical treatment that you may need.

There are regulations that clarify how married victims of domestic violence and their dependents can qualify for financial help when they apply for health insurance or apply for a hardship exemption if needed!

**FEEL FREE TO CONTACT THE MANAGED CARE DEPARTMENT AT THE MUCKLESHOOT HEALTH AND WELLNESS CENTER WITH ANY QUESTIONS! 253-939-6648**



Protect the Circle of Life



Any eligible Tribal and Community member age 6 months or older may receive a flu shot. Present to the HWC Medical Clinic M-F between 9-4:30 pm (Closed 12 - 1 pm). No appointment necessary. For more information contact us at 253-939-6648.



Recently lost your health insurance?

Let us help bridge the gap to health insurance coverage when a change in employment or other circumstances ends your current health insurance coverage.

Many people may qualify for free or low cost health insurance in 2016 due the following reasons:

- losing employment;
- Losing employer sponsored health insurance (ie: HMA);
- Getting married;
- Adding a child to the family through birth, adoption, or foster child placement;
- Losing health insurance due to divorce or separation;
- Moving between counties or states;
- Turing 26 and losing a parents coverage;

Visit the Managed Care Department at the Muckleshoot Health & Wellness Center 17500 SE 392nd Street Or call Ph # 253-939-6648



MUCKLESHOOT CARES ABOUT OUR YOUTH



partners should... **VALUE** each other's individuality • have **EQUAL** say in the relationship • **RESPECT** each other's boundaries • feel **SAFE** being open and honest • be able to **SHARE** feelings without negative consequences

WHAT?

- No one deserves to be abused and abuse is never the victims' fault.
- 1 in 3 young people will be in an abusive or unhealthy relationship
- Violent behavior often begins between 6th and 12th grade. 72% of 13 and 14-year-olds are "dating."
- 50% of young people who experience rape or physical or sexual abuse will attempt to commit suicide.
- Dating violence can affect anyone, regardless of age, gender, ethnicity, sexual orientation, or income.

WHO TO CONTACT?

Christine Mandry & Mathilda Dunn from the Behavioral Health Program (253) 333-3605

A healthy relationship has open and honest communication and an even playing field in which partners share control over decisions.

If you would like to speak with someone about dating violence, please contact: Mathilda or Christine @ (253) 333-3605 or the National Domestic Violence Hotline @ 1-866-331-9474

Love is Respect can help you identify healthy relationships [www.loveisrespect.org](http://www.loveisrespect.org)

Muckleshoot Behavioral Health Family and Youth Services

17500 SE 392nd Street, Auburn 98092  
Phone: (253) 333-3605

Health & Wellness Center Program Hours

	Pharmacy	Wellness Center	*Shuttle Service
Monday	8-5 pm 8-6 pm	10 am-8 pm	9-9 pm
Tuesday	8-5 pm 8-6 pm	10am- 8 pm	9-9 pm
Wednesday	8-5 pm 8-6 pm	10 am-8 pm	9-9 pm
Thursday	8-5 pm 8-6 pm	10 am-8 pm	9-9 pm
Friday	8-5 pm 8-6 pm	10 am-8 pm	9-9 pm
Saturday	-----	10 am-2 pm	10-2 pm
Sunday		All Programs Closed	

\*There is no Shuttle/Bus service from 11-12 pm M-F.

Program Name	Phone No.	Closed-Lunch
Main Number to HWC	(253) 939-6648	12:00-1:00
Behavioral Health (Mental Health & Chemical Dep)	(253) 804-8752	Open
Family & Youth BH Services	(253) 333-3605	Open
CHS/Registration Office	(253) 939-6648	12:00-1:00
Community Health/CHRs	(253) 939-6648	12:00-1:00
Dental Clinic	(253) 939-2131	12:00-1:00
Medical Clinic	(253) 939-6648	12:00-1:00
Optical Clinic	(253) 735-2020	12:00-1:00
Pharmacy	(253) 333-3618	Open
Recovery House	(253) 333-3629	Open
Shuttle/Bus Service	(253) 939-6648	N/A Sat 10-2 pm
Wellness Center	(253) 333-3616	N/A Sat 10-2 pm
WIC Thurs Only 8-4:30	(253) 939-6648	12:00-1:00

Child Find Screening

What is a Child Find Screening?

Screening is a free check of your child's development—including:

- Large muscle development
- Eye-hand coordination (fine motor skills)
- Communication
- Concepts
- Personal-social skills, self help skills
- academic skills



What is the purpose of a Child Find Screening?

The purpose of the screen is to identify any factors that may interfere with your child's learning, growth, and development. The screening is also provided to help parents identify their child's strengths and weaknesses and provide home suggestions.

What happens during a Child Find Screening?

During the screening, your young child may stack small blocks, cut with a scissors, draw, count, name colors, jump, and have fun! For older children and teens it may include academic, social and emotional, communication screening. Following the screening, a trained professional will talk with you about the results of the screening. You will have the opportunity to ask any questions about your child's development. You may be given home suggestions, referred on for further testing, or be scheduled to have skills rechecked at a later date. The screening process usually takes about 45 minutes.

Who is eligible to be screened?

Any child, from birth through 21, whose family or care givers would like more information about their child's development. All school districts within Washington State have Child Find screenings available. If your family is living in a temporary situation, you may contact the district where you are staying to attend a screening.

Where can I go for screening?

For more information and to schedule a screening, please contact:

Muckleshoot Tribal School  
Helen Feiger  
Student Support Services Coordinator  
15209 SE 376<sup>th</sup> St  
Auburn WA 98092  
253-931-6709 Ext 3700

Marty Laronal  
Support Services Manager  
Muckleshoot Early Childhood Education Center  
15599 SE 376<sup>th</sup> St  
Auburn, WA 98092  
253-876-3056 Ext 3922

**American Indian & Alaska Native Trust Income and MAGI: How it is used to figure if you Qualify for WA Apple Health (aka: Medicaid) and other Low Cost Health Insurance**

**Q: What is MAGI: (Modified Adjusted Gross Income)?**  
**A:** MAGI is your adjusted gross income as determined for Federal Income Tax purposes with certain income subtracted out.

**Q: What is the purpose of MAGI?**  
**A:** MAGI is used to determine eligibility for Medicaid and other Health Insurance Plans offered through the Health Plan Finder/Marketplace.

**Q: Are there special rules for calculating MAGI for American Indians and Alaska Natives (AI/ANs)?**  
**A:** Yes. MAGI is based on taxable, adjusted gross income that is reported to the Internal Revenue Service (IRS). Because some income received by AI/AN is non-taxable it is excluded in figuring the MAGI.

**Q: What types of AI/AN income are usually exempt from MAGI?**

- Distributions from Alaska Native Claims Settlement Act (ANCSA);
- Distributions from trust/reservation property;
- Income from related to hunting, fishing, and natural resources;
- Student financial aid from the BIA and/or Tribes;;
- Government income based on need such as SSI (Supplemental Security Income);

**Q: Is my Senior Income or Tribal (gaming) Per Capita excluded from MAGI?**

- No, Senior Income payments are not taxable and must not be included in your MAGI.
- Yes, Per Capita payments (gaming income) are included in your MAGI.

**For more information stop by the Managed Care Department At the Muckleshoot Health & Wellness Center**  
**17500 SE 392nd Street**  
**Auburn, WA 98092**

*News you can use!  
 Q: Ever wonder why we ask about your income?*

**SICK AND DON'T WANT TO WAIT LONG HOURS IN A HOSPITAL E.R.?**  
 There are local Urgent Care Medical Centers that can help you.

Sore Throat, Ear Ache, Ankle Injury, Upper Respiratory Infections:  
 These are just a few of the conditions they can help you with.  
 They can also do lab work and x-rays, if needed.

If you decide to go after 5:00pm or on the weekend, CHS does consider this as an emergency room visit.

**You must call CHS office for PO numbers within 72 hours/3 days of being seen.**

**CHS OFFICE – 253-939-6648**

If you are too sick to call, a family member or friend can call for you.

\*\*\*SOME URGENT CARE CENTERS YOU CAN CALL TO CHECK THE WAIT TIME\*\*\*

**MULTICARE URGENT CARE – AUBURN**  
 202 Cross Street SE | Phone: 253-876-8111  
 Hours: Monday – Friday, 8:00am – 7:30pm  
 Saturday & Sunday, 8:00am – 3:30pm

**MULTICARE URGENT CARE – KENT**  
 222 State Ave N | Phone: 253-372-7788  
 Hours: Monday – Friday, 9:00am – 8:30pm  
 Saturday & Sunday, 9:00am – 4:30pm

**MULTICARE URGENT CARE – COVINGTON**  
 17700 SE 272<sup>nd</sup> St @ Wax Road | Phone: 253-372-7020  
 Hours: Monday – Friday, 8:00am – 7:30pm  
 Saturday & Sunday, 8:00am – 5:30pm

**VALLEY MEDICAL CENTER – COVINGTON**  
 27500 168th Place SE | Phone: 253-395-2006  
 Hours: Monday – Friday, 8:00am – 8:00pm  
 Saturday & Sunday, 8:00am – 4:00pm

09/01/15 MI URGENT CARE NOTICE

**MIT HWC Stop & Shop New Service !!!**


**New Stop & Shop service :**

To & from Enumclaw Safeway & Auburn Walmart  
 Every Tues & Thurs round trips to each of these stores  
 Starts at noon until 9:00 p.m.  
 The last pick up run is at approx. 5:10 pm.  
 Pick up is at the usual bus stops.



**NOTICE:**  
 The Feathered Healing Circle will meet on Thursdays at 5:00 PM – Cynthia Lozier

# Missing Teeth?



The MIT Dental Clinic has been fortunate enough to contract with Dr. Scott Andrews since October, 2015. Dr. Andrews is a dentist who has specialized in removable prosthetics (dentures and partial dentures) since 1980.

Dr. Andrews is a graduate of the University of Washington School of Dentistry, where he currently teaches removable prosthetics to dental students. He has contracted with 55 different dental facilities, including 3 Native Tribes. In his career he has made over 34,000 dentures and partial dentures. That is a lot of smiles he has created!

Missing teeth can greatly affect your ability to speak, eat and smile, that is why our dental team is happy to have Dr. Andrews come to the MIT Dental Clinic and provide our patients with the highest quality dentures and partial dentures.

**What are dentures and partial dentures?**

A denture is a removable appliance that replaces your missing natural teeth to restore your smile and help your facial/ jaw muscles to work properly, which will benefit your appearance and your health. Dentures make it easier to eat and speak than it would be without teeth.

Dentures are made out of an acrylic base that supports fabricated teeth. The base is shaded to match the natural color of your gum tissue. Dentures are made to match the structure and form of your individual mouth, and will help maintain the look and structural integrity of your face. Dr. Andrews works closely with his lab technician to shape the dentures to exact proportions based on precise impressions of your mouth.

A partial denture is recommended when you still have natural, healthy, teeth remaining in your mouth, but need replacement of one or more missing teeth. A partial denture only covers part of your mouth and stays in place with clasps that secure to your adjacent natural teeth. Your MIT dentists try to keep as many teeth as possible in your mouth. The more natural teeth you have, the more stable your bite is.

Your MIT dentists and Dr. Andrews are eager to serve you, please call MIT dental clinic to schedule an appointment for an exam and consultation.

**MIT Dental Clinic**  
**(253) 939-2131**

# What are Needle Exchanges and why do we have them?

**Muckleshoot Behavioral Health**

**What:** Needle Exchanges are a non-judgmental space where injection drug users can receive clean needles and safe injection supplies. Other services are also offered such as overdose prevention education and referrals to medical care and treatment services if requested.


**Why: NEEDLE EXCHANGES SAVE LIVES!!!**

By offering Needle Exchange Services it takes injection needles off of the streets and out of the community. It offers safe injection equipment so that IV drug users can prevent the spread of blood borne diseases such as HIV and Hepatitis C which can be eventually fatal. It offers Overdose Prevention and Education so that drug users in this community are not dying from overdoses.


**When:** Muckleshoot Behavioral Health is now offering Needle Exchange Services starting January 22nd, 2016

**Where:** Exchange services are offered through a mobile site that operates every Friday from 2-4pm outside of Cedar Village in the Old Smoke Shop parking lot in the HWC Outreach Van.

**Contact:** Carol VanConett at Behavioral Health with any questions regarding Needle Exchange services at 253-804-8752



## HWC Spotlight: James Hampton, MD



My name is James Hampton, Jr., born on the south side of Chicago, Illinois, and now gladly serving the Muckleshoot community as a physician; far away from 6-foot snow drifts and 102-degree heatwaves.

Those who have met me may not realize that I have a strong geek side. I love sci-fi and fantasy. I have an extensive comic book and fantasy novel collection dating back to the 1960's. I play several strategy games and 1st person shooters on both PC and PlayStation consoles.

For exercise, one can find me either ballroom dancing at a dance studio or having a grand time at a salsa club or west coast swing event. Although I have competed in ballroom dancing, I now dance for the social experience. I also used to be a competitive power-lifter, but now try to get to the gym about 3-4 times a week.

As a physician, I look forward to working with my patients to improve their health. I want to be a fountain of information. I have a strong interest in working with those who have diabetes and asthma. I enjoy working with Nikki Grimwood, Diabetes Nurse, and Kaleigh Krantz, R.D., utilizing a team approach to diabetes care.

**STAND WITH NORTHWEST TRIBES TO STOP GE FISH!**

# WILD SALMON COOK-OUT

**SAT. MARCH 11, 10:30AM - 12:30PM**  
**LOCATION: WəłəbʔALTxw INTELLECTUAL HOUSE**  
 UNIVERSITY OF WASHINGTON, 4249 WHITMAN COURT, SEATTLE, WA 98195  
 FREE AND OPEN TO THE PUBLIC.

COME ENJOY A COOKING DEMONSTRATION, LUNCH AND A SALMON TASTING!

SPEAKERS INCLUDE: FISH COOKS & VALERIE SEGREST.  
 MUCKLESHOOT FOOD SOVEREIGNTY PROJECT

IN 2014, THE AFFILIATED TRIBES OF NORTHWEST INDIANS PASSED A RESOLUTION OPPOSING THE INTRODUCTION OF GE SALMON. AND THE QUINULT TRIBE IS ONE OF 12 PLAINTIFFS IN A LAWSUIT AGAINST THE FDA FOR APPROVING AQUABOUNTY'S GE SALMON.

SPONSORED BY COMMUNITY ALLIANCE FOR GLOBAL JUSTICE, MUCKLESHOOT FOOD SOVEREIGNTY PROJECT AND NORTHWEST ATLANTIC MARINE ALLIANCE WITH GENEROUS SUPPORT FROM THE MUCKLESHOOT TRIBE CHARITY FUND GRANT PROGRAM

FOR MORE INFO, CONTACT CAGJ: EPI@CAGJ.ORG, 206.405.4600

LEARN MORE ABOUT HOW GE SALMON THREATENS A CULTURAL AND ECOLOGICAL KEYSTONE SPECIES IN OUR REGION. WE WILL ESPECIALLY HIGHLIGHT NORTHWEST TRIBAL RELATIONSHIPS TO SALMON. AND HOW BIOTECH COMPANIES ARE THREATENING TREATY RIGHTS.



## Domestic Violence Services & Resources

**Muckleshoot Behavioral Health Program**  
 17813 S.E. 392nd St. Auburn, WA 98092  
 (253) 804-8752

**OTHER RESOURCES**

- National Domestic Violence Hotline: 1-800-799-7233 (24 Hr)
- Washington Domestic Violence Hotline: 1-800-562-6025
- DAWN Crisis/Advocacy: 425-656-7867 (24 Hr)
- King County Sexual Assault Center: 1-888-998-6423 (24 Hr)
- Crisis Clinic: 1-866-427-4747 (24 Hr)
- Seattle Indian Health Board: 206-324-9360

**SERVICES WE PROVIDE**

- Safety Planning
- Individual & Family Therapy
- Weekly Support Group
- Emergency Housing
- Assistance Obtaining Protection Orders
- Court Advocacy & Transportation
- Legal Referrals
- Individualized Resources
- Emergency Supplies
- Help Navigating Legal & Social Systems

*These services are available to all victims of domestic violence or sexual assault, men and women, any age*

Contact Behavioral Health if you or a loved one are affected by domestic violence, and we will assist you in getting help and support. Please don't wait, get help today!



## PENTECOSTAL CHRISTMAS CELEBRATIONS

The Pentecostal church hosted three Christmas events this year. A Christmas carnival was held on December 16th, with carnival games, a hot dog meal, and gifts. On Sunday, December 18th, a group of Ukrainian youth visited the

morning services. They provided music and Christmas bags. They earned the funds to fill the gift bags with treats and small gifts. On Christmas Sunday, the Spanish church joined our service with music. We also had a potluck together after service.



THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

SERVICES AT 3:00 P.M. EVERY SUNDAY IN THE COUGAR ROOM ALL INVITED

### Muckleshoot Pentecostal Church

Kenny Williams, Pastor

### SCHEDULE

Sunday	11:00 AM	Church Service
Tuesday	12:00	Noon Prayer Meeting
Wednesday	6:30 PM	Bible Study
Thursday	12:00 Noon	Support Group Meeting
Thursday	7:00 PM	Spanish (language) Church
Friday	7:00 PM	Prayer Meeting
3rd Saturday	10:00 AM	Prayer Meeting

Please come join us for MASS & Catechism At the Muckleshoot Catholic church



Catechism starts at 3:00pm Mass starts at 5:00pm

As always, enjoy a nice dinner with us and Father Pat Twohy after Mass

For more info. Please contact me at

Tara.Vasquez@muckleshoot.nsn.us

Or by phone at (253)347-6937

## RELIGIOUS CONTACTS

Please feel free to suggest additions

### Muckleshoot Indian Shaker Church

Dennis Anderson Sr., Minister  
Sandy Heddrick, Assistant Minister  
Carl "Bud" Moses, 1st Elder  
Lee Stafford, 2nd Elder  
Gerald Moses Sr., 3rd Elder  
Teri Starr, Secretary/Treasurer  
Ben Sweet, Traveling Missionary

**Muckleshoot Pentecostal Church**  
Rev. Kenny Williams, Pastor

**Sweat Lodge**  
Doug Moses, 425-301-60811

St. Leo The Great

## Catholic Mass

Tacoma Kateri Circle of St. Leo Church  
710 South 13th Street – Tacoma 98405  
Catholic (Native) Mass with  
Father Patrick J. Twohy  
1:30 pm every Sunday  
Circle meetings 2nd and 4th Sunday  
Potluck every 3rd Sunday  
www.katericircle.com  
Facebook: Tacoma Kateri Circle



# MUCKLESHOOT POLICE



## Police Report

Those subjects listed as "arrested" or "arrested via citation" means there is enough evidence for the police to prefer charges but have not been convicted.

**11/17/16 8:07pm C16058658 2400 Auburn Way S Warrant**  
An adult male was arrested and booked into SCORE for several misdemeanor warrants after he was found sleeping in his car at the casino parking lot.

**11/17/16 11:00am C16058690 4000blk/Auburn Way S Warrant**  
An adult male was contacted and arrested on his Auburn PD warrant. Auburn Police advised the subject of a new court date and he was released at the scene.

**11/17/16 4:30pm C16058761 17800 SE 392nd St Trespass**  
An adult male was trespassed from the Elders Complex after he starting cursing the staff in an intoxicated rage.

**11/18/16 1:15pm C16058935 39200blk/392nd Ave Se Warrant**  
Sam Moses (32) Was arrested on several warrants and booked into the King County Jail.

**11/19/16 3:30am C16059055 39731 AUBURN ENUM RD SE Warrant**  
William Barr (30) was arrested and booked into the King County Jail on his DOC warrant.

**11/20/16 2:00pm C16059225 39800 Blk/175th Ln Se Overdose**  
An adult female overdosed on what is suspected to be heroin. Police and medics arrived and stabilized the patient.

**11/23/16 8:00am C16059732 2117 Auburn Way S Stolen Car**  
An adult male was arrested out of a stolen car at the Bingo Hall. Inside the car were several stolen items, drug paraphernalia and Id's belonging to other people from out of the area.

**11/26/16 8:05am C16060154 2117 Auburn Way S Stolen Car**  
An adult male and female were arrested out of a stolen car in the Bingo Hall parking lot. Between the two arrested, there were outstanding warrants, a shotgun and a mask recovered from inside the vehicle.

**11/28/16 10:30am C16059417 Se368th St/SR 164 Stolen Car**  
Deputies found a stolen truck parked on the side of the road. The truck was fingerprinted then returned to the owner.

**11/28/16 11:30am C16060446 2117 Auburn Way S Warrant**  
After pulling over an erratic driver, deputies arrested the driver on his outstanding felony warrant and booked him into the King County Jail.

**11/29/16 10:30am C16060629 iverwalk Dr/Auburn Way S Stolen Vehicle**  
An adult male was driving a stolen vehicle up Riverwalk Dr. When deputies turned around on the car, it took off at a high rate of speed. Deputies quickly found the car parked near Dogwood St and arrested the driver as he was trying to flee the scene on foot. He was booked into the King County Jail for possession of a stolen vehicle and an outstanding felony warrant.

**11/29/16 1:00pm C16060646 17700blk/SE 408th St Assault**  
An adult female reported she was assaulted by another female inside her home during a verbal argument.

**11/30/16 3:00pm c16060853 17600blk/Se 408th St Overdose**  
An adult female was overdosing on what appeared to be several drugs. Her erratic behavior and mental state due to the high level of intoxication, led to her being transported to the hospital.

**12/1/16 9:00am C16060969 Auburn Way S/17th St Se Warrant**  
An adult male was arrested out of a car after giving deputies a fake name numerous times. With the assistance of a mobile fingerprint scanner and other means, the subject was identified and booked on his outstanding felony warrant.

**12/1/16 11:00am C16060986 2402 Auburn Way S Stolen Car**  
An observant deputy saw two men acting suspicious in a vehicle parked at the casino. The deputy quickly learned the car was stolen and interrupted the two men as they were about to share some heroin and meth. Both were arrested.

**12/3/16 10:00am C16061376 37400blk/SR 164 Stolen Car**  
A deputy on routine patrol witnessed something which appeared out of place; a license plate upside-down on a car. The deputy quickly learned the car was stolen. After pulling into a random driveway, the driver tried to walk away and act like nothing happened. Inside the car were what appeared to be stolen checks, debit cards, membership cards, shaved key and drug paraphernalia. The driver was booked into the King County Jail.

**12/04/1610:00 AM 16-15145 Muckleshoot Casino Stolen Vehicle**  
A brown 2013 Kia Rio was stolen from the parking lot of the location while the owner was inside. The vehicle has not been recovered.

**12/04/1611:00 AM 16-15147 2700 block 25TH ST SE Stolen Vehicle**  
A 1990 tan Honda Accord was stolen from the victim's driveway sometime overnight. The vehicle has not been recovered.

**12/05/164:00 AM 16-15171 1300 block 49TH ST SE Assault with Weapon**  
A female was arrested for felony assault after she stabbed a male while he was trying to detain her after finding her inside of his vehicle which was parked in his driveway.

**12/05/161:00 PM 16-15199 Muckleshoot Casino Rec. Stolen Vehicle**  
A vehicle which had previously been stolen from the Emerald Queen Casino was located in the Casino parking lot unoccupied by the owner the following day.

**12/05/164:30 PM 16-15147 2800 block Forest Ridge DR SE Rec. Stolen Vehicle**  
A vehicle which had been stolen in Auburn on 12/04 was located unoccupied at the location.

**12/5/16 11:00am C16061661 2402 Auburn Way S Stolen Car**  
Deputies found an occupied stolen car parked at the casino. The driver took off into the casino and got a ride out of the area before being apprehended but was later identified thru other means. The passenger was contacted and released at the scene.

**12/07/162:30 PM 16-15297 3300 block 19TH ST SE Pursuit/Warrant**  
911 was called on a vehicle which was parked in an alley and the occupants did not appear to be moving. When the officer contacted the two occupants, the vehicle fled and a pursuit was initiated. The driver was later identified and was found to have warrants and possibly to be violating a No-Contact Order.

**12/08/167:00 PM 16-15347 2400 block Dogwood ST SE Rec. Stolen Vehicle**  
A vehicle which had previously been stolen from Kent was located unoccupied.

**12/09/1610:30 PM 16-15388 Muckleshoot Casino Stolen Vehicle**  
A vehicle was stolen from the Casino parking lot while the owner was inside. The vehicle was located two days later unoccupied in South Auburn.

**12/9/16 1:30pm C16062415 39200blk/165th ave se Vandalism**  
An adult male reported his vehicle had been vandalized. No arrests have been made.

**12/10/1610:30 PM 16-15424 Muckleshoot Casino Rec. Stolen Vehicle**  
A vehicle which had previously been stolen from Federal Way was located in the Casino parking lot unoccupied.

**12/11/16 12:40pm C16062708 2600 blk/24th St Se Warrant**  
An adult male was arrested on an outstanding drug warrant and booked into jail.

**12/12/168:00 AM 16-15461 2600 block Union CT SE Burglary**  
The front door of a new home was damaged by the suspect(s) forcefully entering the home by kicking the door in. Nothing else was stolen from the home or appeared to be damaged.

**12/13/169:00 AM 16-15512 4000 block Auburn Way S Drug Paraphernalia**  
An adult male was arrested for Possession of Drug Paraphernalia after he was located passed out in his vehicle.

**12/15/16 8:25am C16063325 3600blk/AUBURN WY S Stolen Car**  
A deputy found a stolen car parked at an apartment complex.

**12/15/16 1:00pm C16063381 17200blk/Se 392nd st Traffic Offense**  
John Elkins (27) was arrested via citation for driving on a suspended license.

**12/15/16 3:45pm C16063413 3600blk/Auburn Way S Warrant**  
On adult male was arrested on an outstanding warrant after he showed up on scene to provide he was the actual owner of the car.

**12/16/16 9:45am C16063515 Dogwood St/Auburn Way S Stolen Car**  
An adult female was arrested out of a stolen car after she was found nearly passed out behind the wheel behind the AM/PM.

**12/16/1611:00 AM 16-15654 Muckleshoot Casino Stolen Vehicle**  
A vehicle was stolen from the Casino parking lot after it was left in the parking lot overnight. By the time the owner reported it stolen, it had already been recovered in Seattle and towed.

**12/16/16 1:30pm C16063416 38800blk/SR 164 Stolen Car**  
An adult male was arrested out of a stolen car that he was working on along SR 164. He was booked into the King County Jail.

**12/17/16 3:00pm C16063715 4000Blk/Auburn Way S Stolen Car**  
A deputy found a stolen car in the woods which was stolen over two years ago in Federal Way.

**12/18/16 8:15am C16063807 2117 Auburn Way S Warrant**  
An adult female was arrested out of a suspicious car at the Bingo Hall. A small amount of narcotics was recovered and she was booked into the King County Jail.

**12/18/16 6:15pm C16063868 39100blk/172nd Ave Se Theft**  
An adult male reported his \$250 guitar stolen from his home. There are no leads or suspect information.

**12/19/163:30 PM 16-15795 2700 block 18TH ST SE Theft**  
A female reported that when she went to check her mail, her mailbox was open and there was nothing inside. A Social Security benefits card and vehicle tabs were possibly stolen.

**12/20/162:30 PM 16-15846 1500 block 32ND ST SE DV Assault**  
A juvenile female assaulted her mother by kicking, shoving and biting her.

**12/21/16 3:40pm C16064390 2100blk/Auburn Way S Warrant**  
An adult male and female were both arrested on several outstanding warrants with various cities. Both were booked in the King County Jail where they will await extradition.

**12/22/1610:00 AM 16-15928 1600 block Hemlock DR SE Verbal Domestic**  
An adult male and female couple were in a verbal argument. Both parties stated that nothing physical had occurred and that the argument was verbal only.

**12/23/16 4:30pm C16064760 38800blk/164th Ave Se Stolen Car**  
An adult male was arrested out of a stolen car as it was leaving a house. The deputy placed him into custody and walked him back to the patrol car. As he was getting ready to be placed in the car, the suspect took off running while in handcuffs but didn't make it too far before running into a barbed wire fence. He was booked into the King County Jail.

**12/24/16 2:00am C16064824 38900blk/SR 164 DUI**  
Keith Pulsifer Was arrested for DUI along SR 164.

**12/24/16 1:30pm C16064879 4200 Blk/Auburn Way S Drugs**  
An adult female was arrested during a traffic stop and found to be in possession of various types and amount of illegal narcotics and referred to the King County Prosecutors Office for charging.

**12/28/162:45 PM 16-16202 2700 block 26TH ST SE Stolen Vehicle**  
A vehicle was stolen from outside of the owner's residence sometime overnight. The vehicle was recovered after it was involved in a collision in Seattle the following day.

**12/29/161:30 PM 16-16256 Muckleshoot Bingo Order Violation**  
An adult female reported a No-Contact Order violation by an adult male. The male stated that he was unaware that the order was in place.

**12/29/16 9:40pm c16065561 17200blk/SE 384th St Warrant**  
An adult male was arrested during a traffic stop for his outstanding Enumclaw warrant. He was booked into the Enumclaw Jail.

**12/29/16 3:00pm C16065633 4000blk/Auburn Way S Drugs**  
Two adult females and an adult Male were contacted during a traffic stop and found to be in possession of 20+ grams of suspected Methamphetamines.

**12/31/164:45 PM 16-16354 4900 block Auburn Way S Animal**  
Officers were called to a report of an aggressive pit-bull attacking another dog. When officers arrived, the pit-bull was causing severe, life-threatening injuries to the other dog. Officers stopped the pit-bull from further injury to the other dog and the victim dog was put down at the request of the owner due to it's injuries. Both dogs were transported to the veterinarian.

**01/01/173:30 AM 17-00006 3600 block Juniper CT SE DV Assault/Harass**  
An adult male made threats to kill his adult girlfriend after he assaulted her by punching her in the face. When police arrived, the male had already fled the scene and police were unable to locate him.

**01/01/1710:00 PM 17-00038 2800 block Z ST SE Order Violation**  
An adult male violated a valid, confirmed No-Contact Order. He was taken into custody and booked into the SCORE Jail.

**01/02/176:00 PM 17-00076 Muckleshoot Casino Stolen Vehicle**  
A vehicle was stolen from the parking lot of the location after the owner dropped her keys somewhere inside. The vehicle was recovered the following day unoccupied in Auburn.

**01/02/177:30 PM 17-00084 2500 block 18TH ST SE Warrant**  
Christina R. Black (35) was arrested on a Felony DOC Warrant. She was booked into the SCORE Jail.

**01/02/178:30 PM 17-00082 Muckleshoot Casino Stolen Vehicle**  
A blue 2003 Ford Ranger vehicle was stolen from the parking lot of the location in a two-hour time period while the owner was inside. The vehicle has not been located.

**01/03/171:00 AM 17-00093 Muckleshoot Smoke Shop Rec. Stolen Vehicle**  
A vehicle which had previously been stolen from Tacoma was located in the parking lot of the location.

**1/3/17 7:30pm C17000472 38700blk/SR 164 Warrant**  
Darcy Lozier (48) Was arrested during a traffic stop after trying to walk away. Darcy was taken into custody and booked into the King County Jail.

**1/5/17 1:00pm C17000748 38000blk/164th Ave Se Order Violations**  
12 adults were contacted and cited/arrested for violating a trespass/protection order after being at an elders home in which they were advised not to be at. One subject ran from police and was found hiding in the attic.

**1/5/17 2:30pm C17000759 38600blk/160th pl se Burglary**  
While out of town during the New Year, a house was burglarized where several items were taken. There are leads as to who the suspects were; this is an open and active case.

**1/5/17 3:30pm C17000782 41400blk/SR 164 Burglary**  
An elder reported someone stole his R/C airplane. There is no suspect information at this time.

**1/6/17 9:00am C17000908 2117 Auburn Way S Stolen Car**  
An adult male and female were arrested out of a stolen car. They were found to be in possession of a controlled substance and had felony warrants. The car was returned to its owner.

**1/6/17 6:20pm C17001052 16200blk Se 392nd Warrant**  
Vanessa Simmons (43) Was arrested on her Auburn warrant and booked into the SCORE jail.

**1/6/17 8:50pm C17001034 38000blk/SR 164 Warrants**  
Roxanne Brown (24) and Patricia Rincon (32) were both arrested out of a car during a traffic stop for their warrants. Both were booked into jail.

**1/6/17 11:30pm C17001060 14700blk/SE 371st pl Warrants**  
Doug Merulief (39) was arrested out of a house while trying to sneak out the back door from police. He was booked on his outstanding felony warrant.

**MEMBERS NEEDED**  
for Indian Child Welfare Advisory Committee

The Indian Child Welfare Act was enacted in 1978 in response to the crisis affecting Indian children, tribes and families. Very large numbers of Indian children were being separated from their families and often placed into non-Native foster and adoptive homes. Fortunately, there are opportunities to prevent this from happening to our communities. One of them is to become a member of the Local Indian Child Welfare Advisory Committee (LICWAC) for the Department of Social and Health Services. LICWAC meets once a month for approximately 4-5 hours with state social workers and, although they are an advisory committee, their input and recommendations are vital to each case that is staffed. If you are interested in filing out an application and becoming a member of the LICWAC, and would like to serve on the Tacoma LICWAC please contact: Diane Waddington, Region 3 LICWAC Coordinator (360) 475-3532 or 1-800-423-6246 ext. 3532 or 360-979-8869 If you are interested in serving on the Seattle LICWAC please contact: Roxanne Finney, Region 2 South ICW Program Consultant (206) 923-4896

Please join in welcoming the new avenue of viewing and adding events for the Muckleshoot Community & Membership, by Tribal Members for Tribal Members and Community. The **Community Events Calendar** is there for everyone's convenience. Never double book an event again, now you can view other events happening and plan ahead. Let everyone know what you are planning. Simply follow the steps below to get started.

- 1.) Submit your Event information and Attach Flyer to email address: [Muckleshoot.Events@Muckleshoot.nsn.us](mailto:Muckleshoot.Events@Muckleshoot.nsn.us)
- 2.) Your Event Information will be observed, approved and posted.
- 3.) Requirements- The Muckleshoot Events Calendar is only for events organized, hosted, sponsored or co-sponsored by Muckleshoot tribal departments and/or programs.
- 4.) Please allow up to 2 business days for approval and posting of event. If request is denied, 2 additional business days will be added to the approval process. All approvals/denials will receive notice of explanation or confirmation that your event is posted via email.
- 5.) To view current events: Follow the link provided on Share point Tab->Community Services->Scroll Right->under Links-> Click on the **Events Calendar Link** Provided.
- 6.) Or in your explorer follow this link: <http://www.muckleshoot.nsn.us/community/news-calendar.aspx>

The common goal is to provide easy access to all events available to Membership and Community in one place. The Events Calendar will draw people to your event and give details they otherwise might not have. Find out more by looking at the Calendar and familiarize yourself with it. Lessen multiple email distributions and submit your event to be viewed by all!!!

Thank you,  
Muckleshoot Events Calendar  
[Muckleshoot\\_events@muckleshoot.nsn.us](mailto:Muckleshoot_events@muckleshoot.nsn.us)

**MUCKLESHOOT HUNTERS**

**End of Season Hunters Meeting**

**March 1, 2017**

**6pm**


PSB Cougar Room

**Two Raffles to be held**

1) Hunters Raffle (need not be present to win) automatically entered if you had your own tags last season and did not get any fines.

2) Meeting Attendance Raffle-must be present to enter!!!!

Any questions please contact the Wildlife Department.



## EVENTS CALENDAR

February 6	<b>Herbs for Heart Health</b> 1-5pm at the Canoe Family Building. Contact: Valerie Segrest @ 253-876-3243 Valerie.Segrest@muckleshoot.nsn.us
February 19	<b>Muckleshoot Community Dance</b> 7-11pm at Sla Hal Shed. A drug and alcohol free event.
March 11	<b>Wild Salmon Cook-Out</b> 10:30 - 12:30 pm at WətəbʔALTx™- Intellectual House at the University of Washington. Open the public
March 13 - 17	<b>First Food: A Breastfeeding Campaign - Training</b> 9am - 3:30pm at the Muckleshoot Wellness Center-Cedar Room. Contact: Valerie Segrest @ 253-876-3243 Valerie.Segrest@muckleshoot.nsn.us

SUBMIT YOUR ITEMS FOR THE EVENTS CALENDAR!  
[Muckleshoot.Monthly@muckleshoot.nsn.us](mailto:Muckleshoot.Monthly@muckleshoot.nsn.us)

**Free Legal Services for Low Income Native Americans and Alaska Natives**

**Do you have a non-criminal legal problem?**

The Native American Unit at Northwest Justice Project provides free civil (non-criminal) legal services to eligible Native Americans and Alaska Natives who cannot afford a lawyer in Washington.

**Legal issues include (among other things):**

- Protecting Indian monies (per capita settlement, and other tribal income) from garnishment and/or impacting other income and benefits;
- Education - suspensions, special education, truancy;
- Child custody matters involving the Indian Child Welfare Act;
- Trust land rights- leasing, rights of way, homeownership;
- Estate Planning (wills) for Indian trust property owners;
- Indian Health Care and other tribal benefits;
- Driver's license suspensions based on unpaid fines;
- Tribal housing.

To find out if the Native American Unit can help you, please call.

- **In King County: Call 2-1-1**
- **For all other counties:** Call the CLEAR hotline at **1-888-201-1014**. CLEAR phone lines are open from 9:15 a.m. - 12:15 p.m., Monday thru Friday.

**What is Northwest Justice Project?**  
The Northwest Justice Project (NJP) is a statewide non-profit organization with 13 offices in Washington State that provides free civil legal services to low-income people. NJP's mission is to secure justice through high quality legal advocacy that promotes the long-term well-being of low-income individuals, families, and communities.





Rev. 5/2016



## Muckleshoot MONTHLY

READ THE MUCKLESHOOT MONTHLY ON-LINE AT:  
<http://www.muckleshoot.nsn.us/community/muckleshoot-monthly.aspx>

*From the Office of Tribal Credit...*

Did you know that our office has copies of the Consumer Reports magazine? You are more than welcome to stop by our office and take a look at them. We can also photocopy pages for you too. Consumer Reports has The Best of the Best and Worst of the Worst for vehicles as well as any other item that you might be looking to buy.

**Tomanamus Forest Permits**

Get them at the Wildlife Department at the Philip Starr Building. Bring in a copy of your vehicle insurance and a license plate number

Tribal Members Only.  
The permits are FREE.  
Office Hours are  
8am to 5pm  
Monday thru Friday.

**“First Food: A Breastfeeding Campaign - Training”**

**Save the Date!!!**

Date: March 13th- 17th, 2017  
Time: 9:00am-3:30pm  
Place: Muckleshoot Wellness Center- Cedar Room  
39015 172nd Ave SE  
Contact: Valerie Segrest @ 253-876-3243  
[Valerie.Segrest@muckleshoot.nsn.us](mailto:Valerie.Segrest@muckleshoot.nsn.us)  
**\*\*RSVP REQUIRED\_ LIMITED SPACE AVAILABLE \*\***

About the course:  
With limited focused space- this five day training will provide a certificate to women interested in becoming peer counselors to new and expecting mothers- particularly who wish to attempt breastfeeding. The certificate will qualify you to apply for a paid job with the King County Public Health WIC department. Contact Valerie Segrest for more details!  
253-876-3243

**Community Service Hours**

Tribal and community members needing to complete community service hours obligations for the courts can come see me at the Phillip Starr Building. If you have community service hour obligations and need to start working on them, I can set you up for a place to work them off so you can complete them. Please contact me at 253-876-3153 or email me at [walter.pacheco@muckleshoot.nsn.us](mailto:walter.pacheco@muckleshoot.nsn.us).

**Cultural Events**  
*The Cultural Program Instruction Schedule:*

**Culture Song, Dance & Dinner**  
When: Every 2nd Tuesday of the month: Canoe Family song & dance - **5:30 to 7:30 PM**

**Get Your Weave On! Weaving with Gail WhiteEagle**  
When: Tuesdays (except 2nd Tuesday's) - **12:00 PM to 8:00 PM**  
Wednesdays & Thursdays - **9:00 AM to 5:00 PM**  
**Both are at the Canoe Family Clubhouse**

**Sewing Projects with Pauline Lezard & Sandy Hedrick**  
When: Workshop times are every Tuesday thru Thursday. They include beading and sewing instruction. Sewing Projects are located at the Lemmon Tree Lane office located next to the Virginia Cross Education Center.  
Classes are open to all community members and tribal employees.

**SUBSCRIBE TO THE MONTHLY...**

The Muckleshoot Monthly is delivered free of charge to members of the Muckleshoot Tribal Community. You can help us to serve you better by providing us with an up-to-date address. Please fill out the form below and mail it to:



MUCKLESHOOT MONTHLY  
39015 - 172nd Ave. SE  
Auburn, WA 98092

----- clip and return -----

**SUBSCRIPTION REQUEST**  
/ ADDRESS UPDATE

[ ] New subscription [ ] Address change

Name \_\_\_\_\_

Address \_\_\_\_\_

City & State \_\_\_\_\_ Zip \_\_\_\_\_

If this is an address change, list previous address:  
Address \_\_\_\_\_

City & State \_\_\_\_\_ Zip \_\_\_\_\_

[ ] I am a Muckleshoot tribal member,  
[ ] I have ties to the Muckleshoot Tribal Community Please explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



Muckleshoot.Monthly@muckleshoot.nsn.us

**2016-17 Muckleshoot Tribal Council**  
Virginia Cross, Chair  
John Daniels Jr., Vice-Chair  
Jeremy James, Secretary  
Jaison Elkins, Treasurer  
Mike Jerry Sr.  
Kerri Marquez  
Anita Mitchell  
Marie Starr  
Louie Ungaro

**Muckleshoot Monthly**  
John Loftus, Managing Editor  
Evan Avila, Assistant Editor  
39015 172nd Avenue SE  
Auburn, WA 98092



## October 2016 Tomanamus Forest

"I'd like to thank the Muckleshoot Wildlife Committee and Staff for their excellent management practices — because of this, the elk populations are rebuilding and we are able to have sustainable harvests. Thank you to Teddy and Tyson for being there for the hunt!"

- Jaison Elkins



I would love to wish my husband Byron Lloyd a happy anniversary (February 18, 2017) and so many more years with our beautiful blessings of children and grandkids.

- Love Wendy

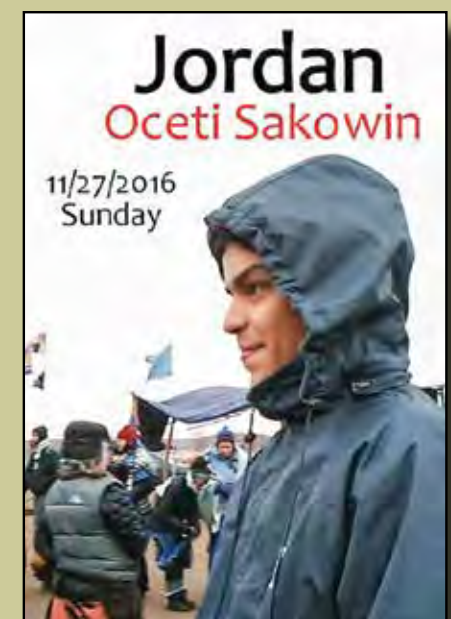


## Special Thanks to the Stafford Family

Aaron Stafford and family, of Stafford Excavating, made a generous donation of brand-new blankets and gift cards to the Muckleshoot Indian Tribe. The donations were given out through the Resource Center to those in need.



## Water Protectors of Standing Rock



**Happy 35th Birthday  
Moon Martin JR., (1-19)**

*Happy Birthday Mom!*

Hope you have an awesome birthday.  
I Love you with all my heart.  
From your kids and your grandkids.

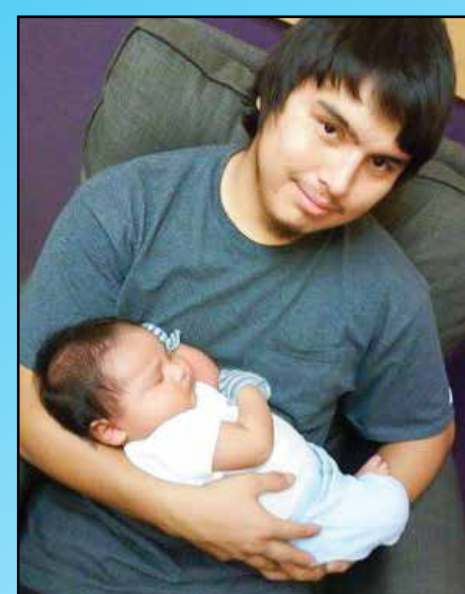
-Kristina Andy

**Mick J. Meader  
12-20-1983**

Happy birthday, with lots of love!

**Happy birthday  
Joseph Anthony Martin (2-21)**

- Love Dad & Mom and all the rest of the family!



Dorrian Gilbert Sanchez  
Born 6:14 pm  
19 1/2 in 8 pounds 14 ounces  
Baby's first teddy bear that I won on a claw machine (1st try) before we found out the sex of our baby



I am so proud to introduce Dorrian Sanchez, my grandson from my oldest son, Derrick Sanchez, of the Nisqually tribe.

- Thea Nelson-Gerry